

Promoting healthy pregnancies, babies, and families by providing services and facilitating access to resources through community partnerships while advancing racial equity and cultural responsiveness.

Pinellas County Resource Manual

If you would like to be referred to a home visiting program call

Connect at #727-507-4260

Visit our website at: **<u>www.healthystartpinellas.org</u>** or use QR code to access this manual:





For more resources call 211 or 727-210-4239 or text your zip code to 898211

Also visit: www.211connects.org

Be bold enough to use your voice, brave enough to listen to your heart, and strong enough to live the life you've always imagined.

Home visiting program: ______ Name of care coordinator: ______ Phone #: ______ All information is subject to change without notice.

It is strongly suggested to <u>call before heading</u> out to any of the resources listed in this manual.

Expect assistance by phone or email, drive through, suggestions to wear face coverings and to keep social distance. For updates to this manual please contact Michelle at 727-512-3740.

Updated 2/2022

COMMUNITY RESOURCES INDEX

ACCESS— Medicaid, Cash Assistance and SNAP (food program)	3
Breastfeeding Resources	4
Car Seats	5
Childbirth & CPR Classes	5
Child Care & Special Needs Programs	6
Counseling /Grief Support	7
Dental Services	8
Domestic Violence	9
Education— K-12, Adult	10
Employment	10
Family Planning	11
Family Services—Items, prescription assistance, etc	12
Fathers Services	13
Food Assistance	14
Housing—affordable housing	15
How to protect yourself from sickness	16
Hurricane Preparedness	17
Legal Services	18
Medical Services	18-19
Community Health Centers of Pinellas Florida Health Department	
More Medical Centers	
Neighborhood Family Centers	20
Parenting Classes	20
Pediatricians	21-25
Pregnancy Center Support	25
Pregnancy Medicaid Application Guidelines	26
Prenatal Providers/OB's	27
Shelters/Emergency Housing	28
Substance Use Treatment—Drugs and Alcohol—Smoking Cessation	28
Transportation Medicaid Cab & PSTA—public transportation	29
Utility Assistance	30
Utility Assistance Vital Documents— Florida ID's, Birth Certificates, Social Security	30 31

ACCESS

Apply or recertify for Medicaid, Cash Assistance and/or S.N.A.P. (Supplemental Nutrition Assistance Program/Food Stamps)

(ACCESS-<u>A</u>utomated <u>C</u>ommunity <u>C</u>onnection <u>E</u>conomic <u>S</u>elf-<u>S</u>ufficiency)

ACCESS allows you to use an "electronic signature"; you can complete all the forms anywhere, anytime even in the privacy of your home at your convenience.

Apply on line for some or all services: www.myflorida.com/accessflorida

Department of Children and Families:

Service Center— 11351 Ulmerton Rd, Suite 130, Largo, FL 33778 Access Central Mail Center—PO Box 1770 Ocala, FL 34478-1770 Call 1-866-762-2237 Customer service 7am to 6pm Mon.-Fri. Fax 1-866-886-4342 with documents and other verification requests Medicaid Help Line – 1-877-711-3662 for information about your plan. *Humana: 1-800-477-6931 TTY: 711 https://www.humana.com/medicaid/florida-medicaid/member-support/new-members *Simply Healthcare: 1-844-406-2396 TTY: 711 https://www.simplyhealthcareplans.com/florida-medicaid/benefits/medicaid-benefits.html *Sunshine: 1-866-796-0530 TTY: 1-800-955-8770 https://www.sunshinehealth.com/

*more specialty plans exists.

Where can I get help applying?

ACCESS Community Partner's are available to assist. Please be advised that you may be helped by phone or virtually and you will need to show photo ID. <u>Always call before heading out.</u>

North County:

Safety Harbor 727-791-8255 Citizens Alliance for Progress 727-934-5881 Evara Health 727-824-8181

<u>Pinellas Park</u> Evara Health 727-824-8181

Clearwater:

High Point Neighborhood Center 727-533-0730 Dept. Health Human Services 727-464-8400

Mid-County:

Suncoast Haven of Rest 727-545-8282 Evara Health 727-824-8181

St. Petersburg:

Daystar Life Center 727-825-0442 Lealman Family Center 727-528-7891 Salvation Army 727-822-4954 Dept. of Health Human Services 727-582-7781 James B. Sanderlin Center 727-321-9444 Evara Health 727-824-8181

Health Insurance Navigators open to the public Mease Countryside Hospital—727-443-8586 Morton Plant Hospital—727-461-8243 East Community Library at St. Petersburg College—813-215-6022

Pregnancy

Medicaid

Coverage up to

12 months after

delivery.

If pregnant but not eligible due to your immigration status go to:

- Florida Health Department Maternity Clinic call #727-275-6588 located at
- 310 N. Myrtle Ave, Clearwater to access Temporary Medicaid (PEPW-60 day coverage)
 - If delivering at Morton Plant or Mease Countryside receive assistance with

Emergency Medicaid that covers most delivery costs. First call #727-462-7136 and leave a message with your name, last name, phone number and due date to register to receive this assistance.

BREASTFEEDING RESOURCES

- BayCare classes and support—<u>www.baycarematernity.org</u>
 Mease Countryside Hospital | Virtual support group Tuesdays | 10am to noon
 email: <u>measelifeafterchildbirth@baycare.org</u>
 Morton Plant Hospital | Virtual support group Thursdays | 10am to noon
 email: <u>plantlactation@baycare.org</u>
- Bayfront Baby Place | 530 6th St. South, St. Petersburg Lactation help: 727-290-1310 #5
- La Leche League—call or email for Zoom link—second Monday of each month. 1-877-452-5324, Lactation help: 727-75LECHE Email: <u>pinellasLLL@gmail.com</u>
- Pinellas County Health Department | WIC Lactation support
 9 am to 9 pm | 727-824-6997 | Virtual Free classes in English-call for details and link to join
- St. Petersburg General Hospital | 6500 38th Ave. N., St. Petersburg | 727-341-4907
 Register online: <u>https://stpetegeneral.com/calendar/index.dot#/ce-landing-page/search</u>
 Lactation services-free phone or office consultation | Preparing to breastfeed | Breastfeeding support group in conference room
- The Black Roxanne | https://www.facebook.com/TheBlackRoxanne/ | Lactation help: 813-551-1319 by phone or virtual



<u>Did you know that Medicaid covers</u> <u>breast pumps?</u> <u>https://wicbreastfeeding.fns.usda.gov/</u> <u>finding-breast-pump</u>

Take Action:

- 1. Request a pump from your Medicaid Managed Care Plan.
- 2. Get a prescription from your doctor. Preauthorization required.
- 3. Qualifications criteria may apply: mother returning to work, infant premature, having multiples, mother or infant illness, and others.
- Breast pump CPT Codes
 - E0604 Hospital grade rental breast pump, electric (AC and/or DC)
 - E0603 Breast pump electric (AC and/or DC) any type
- ICD-10 Diagnosis Codes

If prescription is for the mother, use 092.5 Suppressed lactation.

If prescription is for baby, use P92.5 (difficulties feeding at breast for 28 days or younger) and R63.3 (difficulties feeding over 28 days of age).

Note: if pregnant, try to follow these steps before delivery since breast pump arrival could take a few weeks. Talk to your OB early.

Why breastfeed? Risks of formula feeding to babies

- > Increased incidence of gastroenteritis
- > Increased incidence of ear, chest infections and
- wheeze

 Higher risk of diabetes
- Figher risk of diabetes
 Increased risk of obesity
- Increased risk of obesity
 Increased risk eczema and allergies
- Increased risk eczenia and allergies
 Increased risk of childhood cancers
- Ip S et al 2007(research based benefits of breastfeeding)

https://kidshealth.org/en/parents/breast-bottle-feeding.html

CAR SEATS

Education classes and distribution

<u>North County</u>—Bay Care Hospital—**Call 813-615-0589 ext. 230 to register**—qualifications: have Medicaid, SNAP or reduced lunch, vehicle must be present, have a child or be pregnant. No cost.

<u>South</u> County—All Children's Hospital—**Call to set up a virtual class: 727-767-7835 or Register online:** <u>www.hopkinsallchildrens.org/carseats</u>

This informative and interactive class is designed to show you how to use and properly install your child's car seat in your vehicle. For convertible seats (for children birth to 4 years) cost is \$20 and booster seats (for children 4 years to approximately 8 to 10 years old) cost is \$10.

If you need a car seat checked contact. Call to make an appointment.

East Lake Fire Lealman Fire Rescue Oldsmar Fire Rescue Palm Harbor Fire Rescue Sunstar EMS (Largo & St. Pete.) 727-784-8668 Ext. 204 727-526-5650 Ext. 221 813-749-1200 727-784-0454 727-582-2056 — virtual Correctly used child safety seats can reduce the risk of death by as much as 71 percent.

https://www.safekids.org/tip/car-seat-safety-tips-pdf

https://www.sunstarems.com/public-safety/child-passenger-safety/

CHILDBIRTH & CPR CLASSES

American Red Cross—online classes

https://www.redcross.org/

Adult, Child and Infant CPR and First Aid

Go to Training and Certification then For individuals. Expect some cost for the class.

BayCare free e-classes – English and Spanish-all virtual Www.baycarematernity.org #855-269-4777

*Understanding Birth *Understanding Your Newborn *Understanding Breastfeeding

- *Maternity and Motherhood Wellness Programs
- *Podcasts *Virtual tour of the maternity center
- *Virtual maternity orientation class
- *Virtual: What to expect when delivering at BayCare Class
- *Virtual: Supporting Motherhood & More (free)

St. Petersburg General Hospital—all classes free (teléfono interprete disponible)

https://stpetegeneral.com/calendar/index.dot#/ce-landingpage/search

Click on Patients and Visitors then Classes and Events to find days and times for each class.

Newborn Care, Daddy 101, Prepared Childbirth, Preparing for breastfeeding and support group, and Big Brother and Sister training and much more.

*OB & Delivery tours available.

6500 38th Ave. North, St. Petersburg

727-341-4055 Registration required.

Bayfront Baby Place

https://www.bayfrontstpete.com/services-andspecialties/maternity-care

- *Basic Labor and Support
- *Breastfeeding Education
- *Baby Care and Safety

To register call: 877-833-6528 or click the link to register online.

A baby's brain at 35 weeks weighs only two-thirds of what it will weigh at 39 to 40 weeks.



5

CHILD CARE

Early Learning Coalition of Pinellas County, Inc.

Apply online at www.elcpinellas.net

Call for an appointment #727-400-4411 ext. 3 Fax# 727-400-4486 Monday-Friday 8:00am to 5pm.

• ASQ screening call 727-400-4454

<u>School Readiness Program</u> - These funds pay a portion of the child care costs for low to moderate income earning families and allows parents to focus on professional and educational goals.

<u>Voluntary Prekindergarten—VPK</u> - Free for all 4-year-olds, no registration fees, parents choose where their child learns, focuses on reading, writing and social skills.

R Club

Visit www.rclub.net Call 727-578-5437 Office: 4140 49th Street North, St. Petersburg

Provides quality early learning and developmental programs that strengthen children, families, and communities. Serving children from infancy to middle grade ages, daily at 47+ locations in Pinellas County, including pre-school, pre-K, VPK, HIPPY, Elementary and Middle School and *special needs with programs such as Project Challenge, New Beginnings, and Child Care Outreach.*

Lutheran Services of Florida Head Start and Early Head Start

https://www.lsfnet.org/children-families/head-start/pinellas/

Call 727-547-5979 Administrative office: 2210 Tall Pines Drive, Largo

Provides quality early childhood education to children the first five years of life to prepare them for a healthy, happy, and successful future. Children may qualify depending on family's income. Many locations available all over the Pinellas County.

Special Needs Programs

Banyan Pediatric Care Center Www.banyanpcc.com

Prescribed Pediatric Medical Extended Care treatment facility for children as young as 6 weeks to 20 years.

850 3rd Avenue South, Suite C, St Petersburg 33701 Ph. 727-821-5439 Fax.727-821-9459

Additional locations in New Port Richey and Sarasota

Beach Baby Pediatric Therapy, LLC

Services: Physical, Occupational and Speech Therapy. Accepting Medicaid. Pinellas, Hillsborough and Telehealth. Ph. 727-871-2784 | email: hello@beachbabytherapy.com

Children's Medical Services (CMS)

Call WellCare at #1-800-960-2530

Eligibility: Children from birth to 21 years of age with a chronic medical condition. Income based (Medicaid and Florida Kid Care)

https://www.wellcare.com/en/Florida/Members/Medicaid-Plans/CMS

Early Steps Program at John Hopkins All Children's Hosp.

480 7th Ave. South, St. Petersburg

https://www.hopkinsallchildrens.org/Services/West-Central-Early-Steps

Ph. 727-767-4403 or (800) 374-4334 Fax: 727-767-4715

Screening, assessment and therapies for children birth to 3yrs at risk for developmental delays.

Gulf Coast Child Find (FDLRS) https://www.fdlrs.org/

2929 County Road 193, Clearwater

Ph. 727-793-2723 ext. 2105, 2368, 2367 Fax: 727-793-2729

Screening for 3 to 5-year-olds who may have difficulty in a daycare setting. Help Me Grow Pinellas—Call 211 or text Hmgpinellas to 898211 HMG is open to all families with children under 8 years old. www.211tampabay.org/services/help-me-grow/

Neonatal Follow-Up Program at Johns Hopkins All Children'sHospital601 5th Street South, St. Petersburgwww.hopkinsallchildrens.org/Services/Maternal-Fetal-Neonatal-
Institute/Neonatal-Follow-Up-Program

Ph. 727-767-2818 | Fax: 727-767-4391 Continuum of care for high risk infants, through the first five years of life; Focused on improving their growth, nutrition, and neurodevelopmental outcomes.

PARC Children's Services - "Turning disabilities into capabilities." Discovery Learning Center 727-341-6913 3100 75th St. N. St. Petersburg 33710

Family Focus 727-345-9111 ext. 6407 | Respite 727-345-9111 ext. 6910 | On-Site Therapy 727-541-5304

www.parc-fl.org

Pediatric Health Choice - Clearwater (PPEC)

 3110 75th Street N. St Petersburg 33710
 Ph. 727-343-0010

 2364 Drew Street, Clearwater
 Ph. 727-723-1100

Children with medical needs (birth – 21). Day care with transportation to and from home provided. Ratio 1-3.

https://www.pediatrichc.com/

Spark Pediatrics—Clearwater (PPEC)

5291 110th Ave. Clearwater Tel. 727-900-5005 Children with medical needs (birth – 21). https://sparkpediatrics.com/

COUNSELING/GRIEF SUPPORT

BayCare Behavioral Health

Call main #866-762-1743 M-F 8am-5pm

Specializing in helping people with mental health issues of all kinds. Locations in Clearwater, Largo and St. Petersburg

BayCare Bereavement Services

Email: <u>mpmbereavement@baycare.org</u> or call #727-462-7995

Big Bear Behavioral Health

#800-840-2528 Ext. 802 Accepting Medicaid and other private insurances. Helping with depression, anxiety, ADHD, Defiance, bipolar disorder and more.

Caring Community Counseling

https://caringcounseling.org/

3840 5th Ave N, St Petersburg Call 727-367-2273 In home, school or office counseling, classes, psych assessments, and medication management. Children-Teens-Adults All Medicaid and most private insurance,

Directions for Living Call 727-524-4464 1437 S Belcher Rd, Clearwater, FL 8823 115th Avenue North Largo

Individual, couples, family, and group therapy, psychiatric services, on-site pharmacy and more. Medicaid, sliding scale; insurance. www.directionsforliving.org

EMERGU TeleHealth Call: 800-988-5980

Free confidential mental healthcare online therapy via smartphone, tablet and desktop. <u>Www.emergU.org</u>

Family Enrichment Services Call 727-657-7761

3941 68th Ave. N. Pinellas Park

Counseling services for children and their family from 0-24 years of age. Accepts all Medicaid and sliding scale.

referrals@arsponline.org Fax 727-865-5178

Family Resources https://familyresourcesinc.org/

Family and individual counseling with children 6-17 yrs.

1615 Union St. Clearwater #727-298-3900

3821 5th Ave. North St. Petersburg #727-552-1010 Safe2B-You empowering teens ages 15-18 #727-521-5200

Florida Healthy Transitions

For young people ages 16-25 who have or are at risk of developing a mental health condition. Dial 211 or text FHT to 898211

Federal Substance Abuse & Mental Health Info Center 1-800-662-4357

NAMI National Alliance on Mental Illness

Help Line: 727-791-3434 M-F 9am-6pm

Personal Enrichment through Mental Health Services(PEMHS)Call 727-545-6477

Crisis Center: 11254 58th St N, Pinellas Park 33782 PEMHS 24 hour Suicide Hotline 727-791- 3131 PEMHS 24 hour Mental Health Assistance 727-541-4628 Mobil Crisis response team 727-362-4260

Perinatal Loss Program with Suncoast Hospice

Call 727-523-3451

Supporting those facing pregnancy loss. Offers specialized comfort, education and support to patients and families— psychosocial support, development of birthing plan, support during birth, memory making activities before and after pregnancy loss, and more.

Pinellas Support Team of The Children's Home

Call 727-785-2762 Ext. 224 for families with children ages 3-17 Free for those with no access to services.

Post-Partum Support International

Text or call #800-944-4773 for English #971-203-7773 for Spanish For those experiencing post-partum disorder or depression. www.postpartum.net

Suicide Help Line

24/7 1-800-273-TALK (8255)

Suncoast Center www.suncoastcenter.org

Central Office: 4024 Central Ave. St Petersburg For appointments call: 727-388-1220

Many programs available focusing on mental health, substance use, family counseling, trauma assessment and counseling.

Sexual Assault Service Helpline: 727-530-7273

Abuse Hotline: 800-962-2873

Suncoast Hospice at Empath Health

https://suncoasthospice.org/grief-support/

Pediatric Care and Family Support—Call 727-467-7423

Community Counseling for those experiencing death of a loved one.—Call 727-523-3451

Grief Matters providing support groups- Call 727-549-7133

USF St. Petersburg Infant Family Center

Call 727-767-4876 140 7th Ave South Building #1 Suite 100 St. Petersburg Therapy for families with children ages 0-5 at no cost. In home or in office. Flexible appointment times. Services available in English and Spanish.

Windmoor Healthcare of Clearwater

11300 US 19 North, Clearwater

Call 727-541-2646 Local intake and referral by phone, 24 hours a day.

For adults 18 and older. Provides a full range of psychiatric and chemical dependency services.

Medicaid-HMOs and many other insurances accepted.

DENTAL SERVICES

Pinellas County Health Department

To make an appointment call #727-824-6900 and request Dental

Accepted insurances: DentaQuest, Liberty and MCNA.

Children without dental insurance will pay a flat fee of \$25

Appointments made for all children including infants.

Pregnant women will need a clearance for their OB doctor at time of appointment.

Locations close for lunch from 12:00-1:00 pm Services available at 5 locations:

Clearwater Health Department—310 N. Myrtle Ave. Clearwater 33755

Mid-County Health Department—8751 Ulmerton Rd. Largo 33771

Pinellas Park Health Department—6350 76th Ave. North Pinellas Park 33782

St. Petersburg Health Department—205 Dr. Martin Luther King Jr. St. N. St. Petersburg 33701

Tarpon Springs Health Department—301 S. Disston Ave. Tarpon Springs 34689- once a month

Evara Health

Call 727-824-8181 or visit https://evarahealth.org/

Accepting sliding scale fee for the uninsured, Medicaid. All ages including pregnant women. Services available at these locations: (Closed for lunch 12:00-1:00)

IRC Dental Offices

1344 22nd St. S., St. Petersburg Mon-Thurs 7:00am-6:00pm Fri 7:00am-4:30pm

Clearwater Dental Office 702 Jasmine Way, Clearwater Mon. - Thurs 7:00am-6:00pm Friday 7:00am-4:30pm

Tarpon Springs Dental Office

721 E. Lime Street, Tarpon springs Mon.—Friday 8:00 am—5:00 pm

Call for a list of Medicaid approved dentists. 1-877-711-3662

Community Dental Clinic Tel. 727-216-6155

1008 Woodlawn Street, Clearwater

For adults living in upper Pinellas without dental insurance. Limited appointments available currently.

www.communitydentalclinic.net

Dental Walk-In Clinic of Pinellas Tel. 727-533-9199

1030 Belcher Rd. S., Largo 33771

Affordable treatments for toothaches, extractions, pain and swelling, root canals, teeth and mouth injuries, dental hygiene, weekend cleanings and more.

Gulfcoast Dental Outreach

www.gulfcoastdentaloutreach.org

Tel. 813-579-3935 Ext. 104 for open enrollment info. Reduced fee dental for 3yrs and up.

St. Petersburg College Dental Hygiene Clinic

7200 66th St. N. Pinellas Park 33781 Tel. 727-341-3668 Cleaning and X-Rays. Children 5 and up. \$45 cleaning and full mouth x-ray \$30 cleaning in full mouth x-rays current.

St. Petersburg Free Clinic https://stpetersburgfreeclinic.org/

5501 4th St. North St. Petersburg Tel. 727-485-8795 Free dental care for the uninsured adults. By appointment only.

University of Florida College of Dentistry

9200 113th St. N. Seminole 33772 Tel. 727-893-5050 First come, first served basis. Fee for services.



BACTERIAL VAGINOSIS

Reiter & Walsh, PC

DOMESTIC VIOLENCE



CASA Domestic Violence Center

Crisis Line: 727-895-4912 TTY: 727-828-1269 Free services for victims of domestic violence. English and Spanish language available

Safe, temporary shelter, food, clothing, support, counseling, legal, medical advocacy, daycare for children, related services <u>www.casa-stpete.org</u>

Shine the Light Call Jessica 727-452-7007

Domestic Violence Ministry and support groups. <u>Shinealightondv@yahoo.com</u>

Www.facebook.com/shinealightondv

Suncoast Center Inc. www.suncoastcenter.org

4024 Central Ave. St Petersburg, FL. #727-388-1220

- Trauma Services-For victims of domestic violence.
- Suicide prevention, emotional wellness, support groups.
- Early Childhood Services-Specialized services for young children exposed to violence or trauma or experiencing social, emotional, or behavioral difficulties. In home services available. Ages 1-5 yeas of age.
- Many more services and programs available.
- Serving the community at 9 locations around Pinellas.

Florida Domestic Violence Hotline

 1-800-500-1119
 www.fcadv.org

 Florida Abuse Hotline
 1-800-96-ABUSE (1-800-962-2873)

 National Domestic Violence Hotline
 1-800-799-SAFE(7233)

 Rape Crisis Hotline
 727-530-7273

Police Victim Advocate

St. Petersburg 727-892-5280 Largo 727-587-6730 Sheriff's office 727-582-6465 Pinellas Park 727-369-7864 Clearwater 727-562-4350



Click here for a blood pressure log. <u>Blood Pressure</u> (preeclampsia.org)

The Haven at Hope Villages of America

Hotline: 727-442-4128 24 hrs./7days a week Outreach: 727-441-2029

Free services for victims of violence. Safe, temporary housing, individual and group, information and referrals.

https://hopevillagesofamerica.org/

*<u>Hillsborough County</u>

The Spring of Tampa Bay Crisis Line: 813-247-SAFE Free services for victims of domestic violence. Provides temporary shelter for victims, children. Family violence intervention program available as well as support groups and injunction services.

*Manatee County

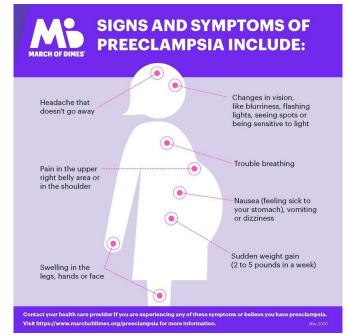
<u>Bradenton</u> Hope Family Services (941) 755-6805 <u>Sarasota</u> SPARCC-Safe Place and Rape Crisis Center (941) 365-1976

*Pasco County

East Pasco/Hudson

Sunrise of Pasco County 24/7 #352-521-3120 <u>West Pasco/Hudson</u> Salvation Army DV Program #727-856-5797

<u>*Polk County</u> Lakeland Peace River Center—24 hours a day Call—863-519-0575 Text "TALK" to 863-204-3443



EDUCATION

Academy Prep Center of St. Petersburg

2301 22nd Ave. S. St. Petersburg 33712 #727-322-0800

For middle school students to inspire and empower qualifying for need-based scholarships.

EDUCARE

Texting program supporting early childhood education. Text LEARN to 52046 FREE service.

Enterprise High School up to age 21

2495 Enterprise Rd. Clearwater 33763 727-474-1237

Pinellas County School Board—K-12

Student Registration: 727-588-6210

ESOL Department 727-588-6068

Teen Parent Program 727-588-6000 ext. 6070

Pinellas County Adult Education Centers/GED

Providing Adults Basic Education (ABE) design to help improve literacy skills in reading, language arts, and mathematics. Classes are \$45.00 per term. Six month terms.

Many locations: <u>https://www.pcsb.org/Page/1697</u>

Pinellas Technical College https://www.pcsb.org/myptc

Focusing on postsecondary education with over 40 exciting career areas and about 60 programs.

6100 154th Ave. N. Clearwater 727-538-7167

901 34th St. South, St. Petersburg 727-893-2500

Technical High School at Seminole grades 9-12 12611-86th Ave. N. Seminole #727-545-6405

Learning Empowered

#727-442-6881 https://www.learning-empowered.org/

Early learning, Integrated learning (ESOL and Citizenship) & Community learning

Main office: 12945 Seminole Blvd. Bldg. 2, Largo

St. Petersburg College - 727-341-4772

Www.spcollege.edu

Offers more than 100 associates degrees and certificate programs, and more than 20 bachelor's degrees.

10 Campuses available all over Pinellas County

Women on the Way Program at many campuses. Call: 727-791-2634

University of South Florida St. Petersburg

A public university providing undergraduate and graduate courses. <u>https://www.stpetersburg.usf.edu/</u>

140 7th Ave. South, St. Petersburg 727-873-7748

Union Academy Family Center

GED and Adult Basic Education (ABE) services 401 E. MLK Jr. Dr., Tarpon Sprigs 727-942-5498

For Pinellas residents 16+ years of age.

Ultimate Medical Academy

#727-977-9927

1255 Cleveland St. Clearwater

https://www.ultimatemedical.edu/

Providing healthcare training such as Medical/Dental/ Nursing Assistant, Patient Care/Phlebotomy Technician.

EMPLOYMENT

Career Source Pinellas

Visit www.careersourcepinellas.com or Call 727-524-4344 Assists in preparing and referring you to leading employers.

Gulf-to-Bay (Main Office) 2312 Gulf-to-Bay Blvd., Clearwater 33765 Limited access call for an appointment. Tarpon Springs (SPC Campus) 682 E. Klosterman Rd., Tarpon Springs 34689 Tuesday and Thursday 8am-5pm

Boley Centers http://boleycenters.org/

Community bases recovery services and rehabilitation for people who are recovering from mental illness.

445 31st. Street N. St Petersburg Tel. 727-821-4819

<u>ServiceSource</u> Provides job training and placement to individuals with disabilities & housing support programs. 2735 Whitney Road, Clearwater 727-538-7370 http://www.servicesource.org

Pinellas County Urban League

Provides workforce development, education (GED/Adult education) and financial empowerment.

Call #727-327-2081 https://www.pcul.org/

St Petersburg 3420 8th Ave S. St. Petersburg 33711 Limited access call for an appointment.

Salvation Army Employment

Looking for a job call their Human Resource office: 727-550-8080

Lighthouse of Pinellas Call # 727-544-4433

Vocational counseling and job placement for the visually impaired. Office temporarily closed. Staff will be checking voice messages and providing services virtually.

Vocational Rehabilitation Services

Vocation evaluation, and employment assistance. Must have a disability that impacts your ability to get or keep a job. 11351 Ulmerton Rd, Suite 123, Largo: 727-518-3454 10 525 Mirror Lake Dr. Suite 100, Central St Petersburg: 727-552-1589

Tips to save \$\$\$

- Plan for expenses. 1 2. Reduce expenses.
 - 3. Save
- Spend wisely
- Plan for emergencies. 5.
 - Prioritize

Lealman Exchange

St. Petersburg 33714 Limited access call for an appointment.

6.

5175 45th St. N.

FAMILY PLANNING COVERAGE

Don't forget about the "Family Planning Waiver" Space Babies Two Years Apart!

APPLY FOR THE FREE MEDICAID FAMILY PLANNING WAIVER PROGRAM

If you are a woman of childbearing age (14-55) who has lost full Medicaid coverage for any reason (not just pregnancy coverage), you may be eligible for two years of Family Planning Services including.

Go to a <u>Florida Department of Health Center</u> and apply for both years of coverage.

- Initial and annual family planning office visits which includes required lab tests and Pap Smear
- Family planning counseling visits
- Contraceptive supply visits
- Medicaid-covered, FDA-approved birth control methods
- Voluntary sterilization including tubal ligations
- Screening for HIV
- Limited diagnosis and treatment for sexually transmitted infections and other gynecological problems to include colposcopy.

During your pregnancy, ask your prenatal care provider if he or she will provide the above services through this special program at their office. If your prenatal care provider does not offer these services after the six week post partum visit, one of the **following providers may provide you care:**

- Evara Health 727-824-8181
- Turley Family Health Center 727-467-2400
- Palm Harbor at Ladies & Babies 727-781-3448
- St. Petersburg at Bayfront Family Health Center 727-893-6198
- Florida Health Department—

310 North Myrtle Avenue in Clearwater – 727-275-6572 (Spanish available)

8751 Ulmerton Rd. Largo - 727-524-4410

6350 76th Avenue North, Pinellas Park- 727-547-7780

205 Dr. M.L.K. Jr. St. North, St. Petersburg- 727-824-6900

301 South Disston Avenue, Tarpon Springs - 727-942-5457

How Well Does Birth Control Work?



http://www.floridahealth.gov/PROGRAMS-AND-SERVICES/womens-health/familyplanning/fp-whatsrightforme.html

FAMILY SERVICES

<u>Alpha House</u> Tel. 727-822-8190 701 5th Ave. N. St. Petersburg

Assists with maternity and children's clothing.

Beds for Babies Call or Text: 727-512-3740

www.healthystartpinellas.org

The Healthy Start Coalition of Pinellas provides a pack and play as a safe place for your baby to sleep and other necessary items. Must be a Pinellas county resident, pregnant and/or have a baby younger than 8 months. Note: If you are participating in a program such as Healthy Start, PAT+, Healthy Families, Nurse Family Partners or Healthy Start at John Hopkins All Children's, ask your care coordinator for a bed for your baby. They will supply it for you.



Daystar Life Center Tel. 727-825-0442

1055 28th St. S. St. Petersburg

Helping with food, clothing, household items, rent, utilities, FL ID, transportation, health care items, computer and phone access, and tax filing.

Firmly Established, Inc./Holistic Coaching

Tel. 727-678-1751 Office: St. Petersburg, FL – By Appointment Only *Employment Assistance *Background Clearance Application Assistance *Youth Services Referrals

Florida Dream Center Tel. 727-240-0734 & 727-851-9074

4017 56th Ave. North, St Petersburg

Helping with food, human trafficking, hope to the incarcerated, fighting homelessness and poverty.

Florida Relay Service—FRS

Hearing impaired call: 1-800-955-8771 Non-hearing impaired call : 1-800-955-8770

Kinship Care #888-920-8761

Support for relative caregivers such as therapy, tutoring, respite etc.

Men in the Making

Mentoring program focusing on role modeling and life skills to increase minority male success from cradle to college.

Contact by email: <u>mentor@meninthemaking.org</u>

Reach St. Pete

727-275-8655 email: info@reachstpete.org

Working to prevent homelessness, low income and at risk situations by bridging the gap between people and resources.

Shepherd's Center Tel. 727-939-1400

304 S. Pinellas Ave. Tarpon Springs—Office hours: M, T, Th. & F 10-1pm

Food pantry, ID's, Clothing, Household item, Duke Energy bills, Prescription assistance.

Sleep in Heavenly Peace #844-432-2337

Providing twin beds for children that do not have their own bed to sleep on.

Request a bunk bed by using this link:

https://www.shpbeds.org/request-bed

Big Brothers Big Sisters

Mentoring program for children ages 5-13 to empower their ability to shine brightly. Tel. 813-720-8778

<u>Clothes to Kids, Inc.</u> Tel. 727-441-5050

1059 N Hercules Avenue Clearwater 2168 34th St. S, St. Petersburg

Two referrals needed. First one with reduced lunch letter and second from Pinellas County Schools. Clothes given twice in a 12 month period. <u>https://clothestokids.org/</u>

Cultured Books 833 22nd. St. S. St. Petersburg 33712

Fostering a reading culture by exposing children to the world through art, music, and books. Call 727-328-4822

Florida Kid Care Insurance

Affordable health, dental & vision insurance for kids 1-18. Year around enrollment for those not eligible for Medicaid. NO deductible.

\$15-\$20 a month depending on income.

Apply online at <u>www.floridakidcare.org/</u> or call 1-888-540-5437

Health Insurance Navigators open to the public

Mease Countryside Hospital—727-443-8586

Morton Plant Hospital—727-461-8369 East Community Library at St. Petersburg College—813-215-6022

Operation Attack 727-822-1187

Distributing food, diapers and wipes by drive thru. Call for dates in the recording.

Our Florida https://www.ourflorida.com/

Helping Floridians get back on their feet. #833-493-0594

Pinellas County Urban League

Workforce development, health initiatives, education and financial empowerment programs. 727-327-2081

Pinellas School Board Mentoring and Tutoring

If your child needs a mentor or positive impact in academics, social or career, contact your child's school. Programs such as Lunch Pals, Girlfriends, 5000 Role Models and more. Speak to your child's teacher.

The Gathering of Women 727-433-1352

Providing a voice for women and a force for change in your community thru workshops, award ceremonies, youth summits and "Flower Girl and Butterflies" program.

We Help/ST. Pete Free Clinic

Tel. 727-823-3471 or #727-821-1200 ext. 101

Assisting with ER food, water bills, FL ID's, birth certificates for adults, and transportation for verified employment. 863 3rd Ave. N., St. Petersburg

FATHERS SERVICES

Fathers are very important! They make important contributions to their children's well being.

Healthy Start at Johns Hopkins All Children's

(727) 767-6780

Fatherhood programs (including care coordination) for fathers in 33701, 33705, 33707, 33710, 33711, 33712, 33713, 33714, 33755, & 33756.

Pinellas County Health Department

Gold Medal Dads Program

(727) 275-6422

Assists father in becoming actively involved in the lives of their children and prevention of the cycle of absent fathers.

Pinellas County Health Department

Vasectomy Program

Low or No-Cost Vasectomies (727) 462-6253.

Planned Parenthood

(727) 898-8199

Men's health services, vasectomies, STD testing.

Douglas Bonar, LMHC at A Center for Wellness

(727) 544-3352– by zoom– classes addressing domestic violence and anger management.

Group services for men and women. Spanish available.

All Nations SDA Church

(305) 494-5000 Pastor Mills. Men's Groups.

5th Avenue Church of Christ

(727) 323-9259 every Monday at 7pm.

If transportation needed call (727) 323-3623

Northwest Church of Christ

(727) 345-2836 Men's Bible study.

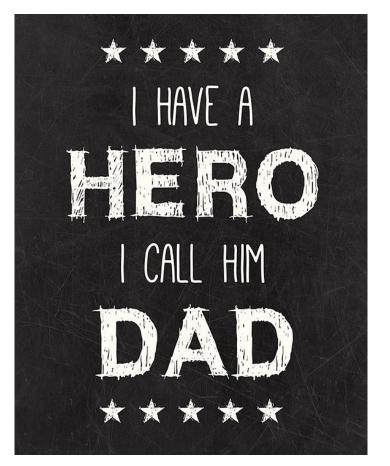
City on A Hill Church in St. Petersburg

(727) 851-9999– by zoom. Only in English. Men's Bible study. Wednesdays at 7pm.

Operation PAR Men's Services

Assisting in your family's quality of life to be happy and healthy. #1-888-727-6398

https://www.operationpar.org/services/mens-services/



https://www.focusonthefamily.com/parenting/dads-can-be-heroes-to-their-kids/

FOOD ASSISTANCE

Aldersgate United Methodist Church

Seminole Interfaith Food Pantry Thurs. 10am—1pm 9530 Starkey Rd., Seminole 727-392-9365 Photo ID, proof of address, last 4 digits of SS# of all family members required.

Christ the Cornerstone Church 5545 62nd Ave. N. Pinellas Park 33781 727-547-6280 Church & Community Outreach Food Pantry

200 S. McMullen Booth Rd. Clearwater 33759 727-351-5176 — drive through, only one meal per person per week.

<u>Daystar Life Center</u> 727-825-0442 1055 28th Street South St. Petersburg, FL 33712 Food pick up outside only. Mon., Tues., Thurs., Fri. 8:30am to 3:00pm

Dunedin Cares 1630 Pinehurst Rd. Dunedin 727-410-8495

Feeding Tampa Bay https://feedingtampabay.org/findfood

Good Samaritan Food Pantry

727-820-0775 ext. 4 6085 Park Blvd. Pinellas Park M/T/Th. 9 to noon. Once a week per family. ID required. Elementary age kids get a snack pack. Drive thru only.

Helping Hands Mobil Food Truck Call #727-724-1290 Serving Clearwater, Safety Harbor and High Point.

1850 N. McMullen Booth Rd. Clearwater FL 33759 Holy Family Church

200 78th Ave. NE St. Petersburg 727-526-5783

Northside Baptist Church

6000 38th Ave. North, St. Petersburg 33710 727-381-3642 Weds. 6-8pm Sundays 5pm-7pm

Northwest Presbyterian Church

Every day 4-5pm frozen ready to eat meals. Drive thru. 6330 54th Ave. N. St. Petersburg 727-544-4551

Operation Attack 727-822-1187 Distributing food, diapers and wipes by drive thru. Call for dates in the recording.

<u>Open Arms Ministry</u>

2039 E. Druid Rd. Clearwater 727-586-5380

<u>Sixtieth St. Pantry</u>

9309 60th St. Pinellas Park 727-541-2202

<u>St. Giles Pinellas Emergency Pantry</u>

8271 52nd St. North Pinellas Park 727-345-5215

<u>St. Luke's United Methodist Church</u>

4444 5th Avenue N., St. Petersburg 727-321-1335

St. Vincent DePaul Soup Kitchen

1345 Park St., Clearwater 727-441-3790 8-10am Still serving meals daily, no dining in. ONLY TAKE OUT.

We Help / St. Petersburg Free Clinic

863 3rd Avenue N., St. Petersburg 3-5 days of food 727-821-1200 x.101 Outdoor distribution only. WIC/Nutrition Assistance Program See page 31 Beach Community Food PantryCalvary Episcopal Church727-595-23741615 1st St. Indian Rocks Beach 33785Beacon Street Ministries Inc.3470 Adrian Ave. Largo 33770727-446-1045

Clearwater SDA Community Church 1445 Lakeview Road, Clearwater 727-446-6427 Entrance on Queen Street North Saturdays 2-4pm Clearview United Methodist Church 4515 38th Avenue North, St. Petersburg 727-743-1723

Elevated Church4371 76th Ave. N. Pinellas Park727-544-3293

Feed St. Pete 5501 31st St. S. St. Pete 727-866-1184

First United Methodist Church of Pinellas Park#727-546-57419025 49th St. N. Pinellas ParkFlorida Dream Center and Mobil Food TruckCall for questions or locations: 727-851-90744017 56th Ave. N. St. Petersburg812 E. Tarpon Ave. Tarpon Springs

Food Pantries https://www.foodpantries.org/

Hope Villages of America700 Druid Road E., Clearwater 727-441-2029360 Eats727-440-0401info@360eats.org

Kind Mouse Family Assistance Program 727-575-7834

90 day feeding program for families affected by the economy.

Salvation Army

1400 4th Street South, St. Petersburg,#727-822-49541521 Druid Rd E., Clearwater#727-446-4177209 S. Pinellas Ave. Tarpon Springs#727-934-4476

Shepherd's Center727-939-1400 ext. 409 o 417304 S. Pinellas Ave. Tarpon Springs—M,T, Th, F- 10 am -1:30 pmAlso delivering food to the homebound on Wednesdays.

Suncoast Haven of Rest Rescue Mission

1763 9th Ave N. St. Petersburg, 727-545-8282 Food Box Program every 30 days. Entrance on Queen Street North.

Sylvan Abbey United Methodist Church

2817 Sunset Point Rd Clearwater 727-796-3057 except holidays Food Pantry: Mon. 10am-1pm—one person at a time.

Thrift Store & Food Bank-Wesley United Methodist

301 37th Avenue North, St. Petersburg 727-896-4797 Hours: Mon, Wed, Fri, 9:00–11:45am ID required.

<u>More</u>

<u>Find Food in Pinellas County – Tampa Bay Network</u> <u>To End Hunger</u>

HOUSING

Boley Centers—helping people who are homeless, recovering from mental illness, low income, veterans and individuals living with HIV/AIDS Tel. 727-821-4819 Main office: 445 31st. Street N. St Petersburg by appointment only. <u>Housing – Boley Centers</u>

<u>Contemporary Housing Alternatives/Restricted of Florida (CHAF Properties)</u> www.chafproperties.com Tel. 727-522-1504

<u>Clearwater Housing Authority</u> <u>www.clearwaterhousingauth.org</u>

Corporate Square 28050 US Hwy 19 N, Suite 103, Clearwater, FL Tel. 727-461-5777 Fax. 727-216-0730 Properties located within Clearwater city limits There is a drop box in front of office for leaving applications/ documents.

Habitat for Humanity of Pinellas Countyhttps://www.habitat.org/us-fl/clearwater/hfh-pinellas-and-west-pasco-counties13355 49th Street North, Clearwater & 1350 22nd St. S. St. PetersburgTel. 727-536-4755Habitat offices are closed to the public through Tues. June 30th.Hotline# offered for candidate questions etc. (727)209-2196.Habitat Pinellas builds and sells homes at no profit, with 0% mortgage for qualified candidates.130

Home Share Programwww.homesharepinellas.org500 South Walton Ave. Tarpon Springs 34689Rooms for rent throughout Pinellas County with monthly payments ranging from \$450 to \$600Five year Pinellas County residency or national background check with \$45.00 fee required.2 People max per room.Tel. 727-945-1528Fax:727-279-2814TDD: 1-800-955-8770 and TTY: 1-800-955-8771

Neighborhood Home Solutions / One-Stop HUD approved housing counseling center

Offices are closed to the public. No further information on re-opening. - Tel. 727-821-6897, Fax (727)821-7457. Home buying education, financial fitness class, credit rebuilding, and home mortgage problems such as foreclosures or mortgage delinquency. All services free and available to all income levels. www.nhsfl.org

Our Florida https://www.ourflorida.com/

Helping Floridians get back on their feet. #833-493-0594

Pinellas County Housing Authority www.pinellashousing.com

11479 Ulmerton Road, Largo, FL • 727-443-7684 Clients may apply via mail, email or drop box documents for processing until further notice. Provides low rent housing to low income families. Section 8 housing available also. Check website for availability.

 Pinellas Park Housing
 https://www.lowincomehousing.us/FL/pinellas_park.html

Email: lowincomesupport@gmail.com 9 low income housing complexes available. HUD, Section 8. Public Housing. Non profit senior and family low income. LIHTC.

Shepherds VillageShepherd's Village (shepherdsvillage.com)Admin. Office 1910 E. Bay Dr. Largo. Housing for single mothers with up to 3 children. Tel. 727-216-1402 x. 500

Safe Connections 727-256-7035 | 727-220-9246

<u>Safe Connections Homeless Youth Resource Center - Family Resources (familyresourcesinc.org)</u>

Outreach program providing services for the homeless youth (up to 24 years of age) to help them find stable housing and access to services.

<u>St. Petersburg Housing Authority</u>

2001 Gandy Blvd. North St. Petersburg FL 33702 • 727-323-3171

TDD 1-800-955-8770 - TTY 1-800-966-8771 - FAX: Section 8 (727) 328-6699 - Public Housing (727) 343-4658

www.stpeteha.org

Rental assistance to low income families in low rent public housing developments and in private sector through rental assistance programs. Rent is based on income and family size.

 Tampa Bay Community Development Corporation
 Suncoast Housing Connections – SHC

Housing Counseling Service: 2139 NE Coachman Rd, Suite 1, Clearwater FL 33765 For support information on home foreclosure/mortgage default call 727-442-7075. Classes being help by ZOOM.

 Tarpon Springs Housing Authority
 https://tarponspringshousing.com/

500 S. Walton Ave., Tarpon Springs, FL • 727-937-4411, Fax – (727)279-2814 Lobby is closed to the public. Clients may apply via mail, email or drop box documents for processing until further notice. Due to a high volume of calls expect a long wait time (days or weeks) for a response. Affordable housing for rent, no Housing Choice Voucher (Section 8) accepted.

HOW TO PROTECT YOURSELF FROM SICKNESS

VACCINES AVAILABLE: <u>HTTPS://FLORIDAHEALTHCOVID19.GOV/</u>

To stay up to date with information go to Centers for Disease Control and Prevention <u>https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html</u>

Know how it spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus.
- The virus is thought to spread mainly from person-to-person or people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths, noses (possibly inhaled into the lungs) or eyes of people who are nearby.

Wash your hands often

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until
 they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

Avoid close contact

- Avoid close contact with people who are sick, even inside your home. If possible, maintain at least 6 feet between the person who is sick and other household members.
- Put distance between yourself and other people outside of your home.
- Remember that some people without symptoms may be able to spread virus.
- Stay at least 6 feet (about 2 arms' length) from other people.
- Do not gather in groups and stay out of crowded places and avoid mass gatherings.

Cover your mouth and nose with a face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a facemask when they have to go out in public, for example to the grocery store or to pick up other necessities.
- Face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The face cover/mask is meant to protect other people in case you are infected.
- Continue to keep about at least 6 feet between yourself and others. The facemask is not a substitute for social distancing.

Cover coughs and sneezes

- If you are in a private setting and do not have on your face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze
 or use the inside of your elbow. Throw used tissues in the trash.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect

- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
- Then, use a household disinfectant. Most common EPA-registered household disinfectants will work.

Monitor Your Health

- Be alert for symptoms. Watch for fever, cough, shortness of breath, or other symptoms of COVID-19. Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.
- Take your temperature if symptoms develop.
- Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- Follow CDC guidance if symptoms develop.

HURRICANE SAFETY

Pinellas County—A Complete Hurricane Preparedness Guide

http://www.pinellascounty.org/emergency/PDF/All Hazard Guide.pdf



Survival Kit

- One week supply of food that requires no cooking such as ready to eat canned meats, fruits, vegetables, nuts, beef jerky, trail mix, raisins, peanut butter, granola bars, formula, baby food, powdered milk
- One gallon of water per person-7 day supply
- Non-electric can opener
- Disposable cups, plates and utensils
- Cooler and ice
- Pet food
- Cash

Sanitation/First Aid

- Toilet paper and/or moist towelettes
- Feminine supplies
- Personal hygiene items
- Medications and copies of prescriptions

Kids and Entertainment

- Favorite nonperishable snacks
- Stuffed animal or favorite toy
- Blanket and pacifier
- Diapers and wipes
- Card or board games
- Books

Tools and Emergency Supplies

- Flashlights and/or lanterns
- Battery operated radio
- Matches or lighter
- Full tank of gas in vehicle
- Compass and local maps with shelters-know your flood zone
- Cell phone with charger
- Extra batteries
- Plastic sheeting and tarps
- Elastic cords or rope

Clothing and bedding

- One complete change of clothing and shoes per person
- Sturdy shoes
- Rain gear
- Blankets and sleeping bag

<u>Legal</u>

- Important documents together in air tight bag or container:
- \Rightarrow social security cards
- \Rightarrow health insurance information
- \Rightarrow home or rental agreements and insurance coverage
- \Rightarrow contracts
- Take photos or video and inventory your property before the storm just in case you have to make a claim.

LEGAL SERVICES

Bay Area Legal Services (English & Spanish)

1-800-625-2257-Pinellas, Pasco, Hillsborough, Sarasota & Manatee Counties www.bals.org Providing pro-bono services for low income residents.

Community Law Program Tel 727-582-7480

Office: 501 First Ave. N. Room 519, St. Petersburg 33701 Apply by phone at the Legal Aid Hotline: 1-800-625-2257 Provides free civil legal assistance in the areas of family law, housing, consumer rights, criminal records expunction, wills and more for Pinellas County resident with a household income of 185% at or below federal poverty guidelines. Website: www.lawprogram.org Email: clp@lawprogram.org

Human Trafficking hotline

24 a day/every day 1-888-373-7888, TTY: 711 Live Chat go to: <u>https://humantraffickinghotline.org/state/florida</u>

Pinellas County Child Support Enforcement

1-850-488-kids (5437) Monday - Friday 7a.m. - 7p.m. 11351 Ulmerton Road Suite 207, Largo, FL 33778 Sixth Judicial Circuit of Florida - Pinellas and Pasco Counties -Child Support Enforcement (jud6.org)

Services Unlimited Tel. 727-645-2856 Law assistance center helping with divorce, unemployment, child support, medical disability and more. Sliding scale fee available.

DNA Testing

1-800-DNA-CENTER (362-2368)

Family Law Pro Se Project

Resource center helping with guidance in child support, visitation, custody, paternity, name changes, etc. Locations in St. Petersburg & Clearwater – 727-582-7200

Gulf Coast Legal Services - family law cases

Apply by phone Monday thru Friday 9 am to 5 pm 1-800-230-5920 www.gulfcoastlegal.org

Money Management International

Budget, credit, and bankruptcy assistance through pre-filing counseling and pre-discharge education, housing default and reverse mortgage counseling. Tel: 877-818-5923 www.moneymanagement.org

Self Help Center (Clerk of the Circuit Court)

M-F 8:30-4:30 Appointments M/W/F 545 1st Ave N. Room 103, St. Petersburg Tel 727-582-7941 315 Court Street Room 114, Clearwater 33756 Tel: 727-464-5150 29582 US 19 Room 101, Clearwater 33761 Tel. 727-464-5150 http://www.jud6.org/GeneralPublic/ RepresentingYourselfInCourt.html

MEDICAL SERVICES

<u>Evara Health</u>

Most major insurance plans accepted including Medicaid, Medicare, private and sliding scale. For appointment call #727-824-8181 or visit <u>https://evarahealth.org/</u>

Family, Pediatrics, Women's OB and GYN, Chiropr 707 Druid Road E, Clearwater 702 Jasmine Way, Clearwater—Dental	ractic M, & T 7:30a – 8pm W - F- 7:30a-5p M-Th. 7am-6pm, Fri. 7am-4:30pm
Family Practice, 12420 130 th Ave N, Largo	Mon – Fri 8am-5pm
Family, Pediatrics, Women's OB and GYN, Behavic 7550 43rd Street N., Pinellas Park	oral Health 1-7:30am-7pm, T/W/Thurs7:30am-8pm, Fri. 7:30a-5p Sat.
Family, Pediatrics, Women's OB and GYN, Dieticia 1344 22 nd St S, St Petersburg	n, Pharmacy, Dental & Prescription Assistance Call for times and days since these vary.
Family, Pediatrics, Behavioral Health, Chiropractic 247 S. Huey Avenue, Tarpon Springs 721 E. Lime Street, Tarpon Springs—Dental	c Monday- 8am-7pm, Tues/ Thurs/Fri. 8a-5p, Wed. 8a-8p M-F 8am—5pm
At Bayfront: Family Practice, Podiatry, Behavioral 701 6th St. S. Suite 741, St Petersburg	
Family Medicine & Behavioral Health 612 Dr. MLK Jr St N, St Petersburg	M,T,W,F -8am-5pm Thurs 9am-6pm
Family Medicine, Pediatrics & Behavioral Health 1721 Main Street, Dunedin	M-F 8am-5pm
At Lealman: Family Practice, Pediatrics, GYN & De 4950 34th St. N. St. Petersburg	
Family Practice 3860 Tampa Road, Suite C, Oldsmar 34677	M-F 8am-5pm
Highpoint Center 14100 58th St. N. Clearwater	Family Practice Pediatrics, Behavioral Health, OB/GYN M—F 8am-5pm

MEDICAL SERVICES CONT.

Florida Department of Health in Pinellas

- 310 N. Myrtle Ave. <u>Clearwater</u> #727-275-6572 Primary care for uninsured adult, dental, pediatrics, immunizations, laboratory, MedNet, family planning.
- 8751 Ulmerton Rd, <u>Largo</u> #727-275-6382 Primary care ,for uninsured adult, immunizations, triage nursing, laboratory, family planning.
- 6350 76th Ave. N., <u>Pinellas Park</u> #727-547-7780 Primary care for uninsured adult, dental, laboratory, healthy families, triage., family planning.
- 301 S. Disston Ave., <u>Tarpon Springs</u> #727-485-1806 Primary care for uninsured adult, dental, lab., breast & cervical cancer detection, immunizations, family planning.
- 205 Dr. Martin Luther King Jr. St. N. <u>St. Petersburg</u> # 727-824-4127 Primary care for uninsured adult, dental, ADAP, laboratory, MedNet, family planning.

Bayside Health Clinic- Mobil medical unit for homeless 727-453-7866 Call for places, dates, times. Services persons and families without insurance or have the County Health Plan #727-464-4200. Www.pinellascounty.org/humanservices/ healthprogram.htm	 Bayfront Family Health Family Care Center 700 6th St. South, 3rd floor, St. Petersburg 727-893-6116 Clinica Guadalupana English and Spanish Tel. 727-461-7730 by appointment only 1020 Lakeview Rd. Suite 4, Clearwater
<u>Clearwater Free Clinic</u> (ages 1 mo. – 65y/o) For the uninsured-sliding scale 1218 Court Street, Clearwater: 727-447-3041 Proof of citizenship, ID, Social Security number required. Pediatrics on Wednesday. <u>www.clearwaterfreeclinic.org</u>	Diabetic Solutions & Sunshine State PharmacyMedications shipped to home address with RX from medical provider.Most insurance accepted and uninsured will be assisted at discount.Call 954-346-7759 https://controlyourdiabetes.com/
<u>Florida Family Primary Care Centers</u> 6245 66th St. N. Pinellas Park Tel. 727-873-3891 Adult and pediatric care.	Lions Sight Center (vision exams for a \$25 donation) 330 5th St. N., St. Petersburg (2nd floor) 727-893-7152 – Leave message
Medication Assistance ProgramBayCare's program helps anyone obtain medication for less cost. Call: 813-901-6350MedNet prescription assistanceMedNet© Prescription Assistance Program Suncoast Health CouncilDepartment of Health Clearwater # 727-275-6579Pinellas Park #727-369-3913 St. Petersburg # 727-824-6936 Mid County # 727-275-6363 Johnnie Ruth Clarke Health Center 1344 22nd St. S Tel: # 727-824-8181 St Pete Free Clinic 863 third Ave N. # 727-327-0333 ext. 311	Neonatal Follow-Up Program at Johns Hopkins All Children's Hospital601 5th Street South, St. Petersburg www.hopkinsallchildrens.org/Services/Maternal-Fetal- Neonatal-Institute/Neonatal-Follow-Up-ProgramPh. 727-767-2818 Fax: 727-767-4391 Continuum of care for high risk infants, through the first five years of life; Focused on improving their growth, nutrition, and neurodevelopmental outcomes.Preserve Vision Florida 9200 Seminole Blvd. 2nd floor Seminole Tel. 813-874-2020 x. 4024 Vision screenings and free eye glasses depending on in- come. Www.pvfla.org
St. Petersburg Family Care6450 38th Avenue North, Suite 400 St. PetersburgTel 727-545-4444St Petersburg Free Clinic Health Center5501 4th St. N. St. Petersburg 727-327-0333	<u>Turley Family Health Center</u> 807 Myrtle Ave. N. Clearwater 727-467-2400 <u>Willa Carson Health Resource Center</u> 1108 N. Martin Luther King Ave, Clearwater, FL 33755
Adults ages 18 – 64 Need FL ID & Pinellas address.	727-467-9411 Basic health services provided (no fee).

NEIGHBORHOOD FAMILY CENTERS

Neighborhood Family Service and Resource Centers provide many servies for families.

NORTH COUNTY

- CAP/Union Academy | 401 E. MLK, Jr. Drive, Tarpon Springs | 727-934-5881
- Mattie Williams | 1003 Dr. MLK St. N., Safety Harbor | 727-791-8255
- Hispanic Outreach | 612 Franklin St., Clearwater | 727-445-9734
- Dr. Martin Luther King/Greenwood | 900 N. Dr. MLK Jr. Ave, Clearwater | 727-442-5355
- North Greenwood Resource Center | 1310 North M.L.K. Jr. Ave. Clearwater | 727-400-6805

MID COUNTY

- High Point | 5812 150th Ave. N., Clearwater | 727-533-0730
- Family Center on Deafness | 12445 62nd St. Suite 303, Largo | 727-501-2323
- GRAYDI | 12601 130th Ave. North Largo | 727-595-1684
- Lealman/Asian Center | 4255 56th Ave. N., St. Petersburg | 727-528-7891

SOUTH COUNTY

- Sanderlin Center | 2335 22nd Ave. South, St. Petersburg | 727-321-9444
- Campbell Park Resource Center | 701 16th St. S. Building 7 St. Petersburg | 727-280-6703



PARENTING CLASSES

Directions for Living Tel. 727-524-4464 option 0 Early Childhood Consultation Services Birth to 5 years old. Court approved. Free. In home and locations in Largo and Clearwater. www.directionsforliving.org

Life After Childbirth with BayCare

Support group for mothers who are currently pregnant or have delivered up a one year ago. Email: <u>alina.greeley@baycare.org</u> Tues. & Thurs. 10am-noon. Virtual. Helpline: 727-725-6795 <u>measelifeafterchildbirth@baycare.org</u>

<u>St Pete General Hospital Classes for Moms, Dads and siblings</u> (brothers and sisters)

6500 38th Ave N, St Petersburg Tel. 727-341-4055 All classes are free of charge, but reservations are requested. Register online: <u>https://stpetegeneral.com/calendar/#/ce-landing-page/search</u>

St Petersburg College Tel. 727-341-3000

https://www.spcollege.edu/friends-partners/communityresources/community-enrichment-classes

Separation and Divorce a Child's View Class- via Zoom

Text4Baby

Totally free text messages 3 times a week to help you through pregnancy and baby's first year. Text BABY to 511411 to enroll. <u>www.text4baby.org</u>

Child Welfare full list of Court Approved Parenting classes

https://www.myflfamilies.com/service-programs/childwelfare/stabilization/online.shtml

<u>HIPPY Program:</u>

https://www.rclub.net/service/hippy-program/

Home Instruction for Parents of Pre-school Youngsters. School readiness program for parents with children ages 3-5 to help parents be their child's first educator. Tel. 727-570-8841

Operation Par Programs: Court Approved

Nurturing Parenting & Nurturing Parenting Intensive: Focus on children ages 0-5. Parenting Wisely: For parents of children 5 and older. Nurturing Parenting: Father's specific group. #1-888-727-6398

https://www.operationpar.org/services/womens-services/

Parenting Class for Family Stabilization 1-800-767-8193

Court approval 1 day 4 hours course (\$45) For those going thru a civil action with a child.

SNAP-Stop, Now, And Plan with Family Resources

727-521-5200

13 week group program for children ages 6-11 and their parents learn to manage emotions. Free childcare for siblings.

Suncoast Center

Tel. 727-388-1220 or 727-327-7656 Many parenting and sibling classes available. https://www.suncoastcenter.org/classes-support-groups-events

USF St. Petersburg Infant Family Center Call 727-873-4876

Nurturing Parenting and Circle of Security classes for families with children 0-5. No cost. Call for times and locations. https://www.stpetersburg.usf.edu/resources/family-study-center/infant-family-mental-health/infant-family-center.aspx

PEDIATRICIANS

LAST NAME	FIRST NAME	Practice Name	Address	City/St/Zip	Phone (727)	Languages
Ago, MD	Aileen	St. Petersburg Pediatrics	3475 East Bay Drive	Largo 33771	535-9700	
Alvarez, MD	Alfred	North Pinellas Children's Medical Center	31860 U.S. 19 N	Palm Harbor 34684	787-6335	
Anderson, MD	Wayne	Turley Family Health Center	807 North Myrtle Ave.	Clearwater, 33755	467-2400	
Arline, MD	Laura	Bardmoor Internal Med & Pediatrics	8787 Bryan Dairy Rd., #275	Largo 33777	394-5650	
Alfarao MD	Carmen	All Children's General Pediatrics	601 5 th St. S., #504	St. Petersburg 33701	767-8917	
Aungst,MD	Cary	East Lake Pediatrics	4150 Woodlands Pkwy, #B	Palm Harbor 34685	372-6760	
Banks, MD	Elizabeth	Coastal Pediatric Care	8787 Bryan Dairy Rd. #350	Largo 33777	525-2161	Spanish
Bharucha, MD	Corrie	Coastal Pediatric Care	8787 Bryan Dairy Rd. #350	Largo 33777	525-2161	Spanish
Black, MD	Janet	North Pinellas Children's Medical Center	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	
Bordon, MD	Holly	Lorie McAuliffe, MD	405 Pasadena Ave. S.	St. Petersburg 33707	345-2212	
Boreman, MD	Kathryn	Myrtle Pediatrics	613 S. Myrtle Ave., #205	Clearwater 33756	447-6458	
Bowermaster, APRN	Sarah	St. Petersburg Pediatrics	7050 Seminole Blvd.	Seminole 33772	392-8033	
Brinn, MD	Melissa	All Children's General Pediatrics	601 5 th St. S., #504	St. Petersburg 33701	767-8917	
Cano, MD	Carlos	Suncoast Pediatrics	1395 W. Bay Drive	Largo 33770	584-6802	Spanish
Carr, Peds APRN	Tracy	Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	Spanish
Cavanaugh, MD	Lara	North Pinellas Children's Medical Center	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	
Chavez, MD	Heinz	All Children's General Pediatrics	601 5 th St. S., #504	St. Petersburg 33701	767-8917	Spanish
Chernaeva, MD	Daniella	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	Spanish
Cibran, MD	Mariano D.	St. Petersburg Pediatrics	4105 49th St. N.	St. Petersburg 33709	528-6900	Spanish
Class, MD	Michelle	Lori McAuliffe, MD	405 Pasadena Ave. S	St. Petersburg 33707	345-2212	
Colon, MD	Yaritza	Evara Health	7550 43 rd St. N.	Pinellas Park 33781	824-8181	
Cordoba, MD	Martha	Northeast Pediatrics	431 Southwest Blvd N	St. Petersburg 33703	526-7337	
Cotti, MD	Megan	Northeast Pediatrics	431 Southwest Blvd N	St. Petersburg 33703	526-7337	
Cross, MD	Kelli	Complete Wellness Pediatrics	5033 Central Avenue	St. Petersburg 33710	334-8523	Spanish
Czerwinski, DO	Carol	Evara Health	14100 58th St. N.	Clearwater 33760	824-8181	Polish, Spanish
Davidson, APRN	Denay	Evara Health	7550 43rd St. N.	Pinellas Park 33781	824-8181	
Davis, ARNP	Stephanie	St. Petersburg Pediatrics	12170 Seminole Blvd.	Largo 33778	586-5355	
Dawkins, MD	Rachel	All Children's General Peds.	601 5 th St. S., #504	St. Petersburg 33701	767-8917	
dePaz, MD, MPH	Nicole	Pediatric Health Care Alliance	6671 13th Ave. N., Suite 1D	St. Petersburg 33710	381-1147	Spanish
Ellis, APRN	Linda	Myrtle Avenue Pediatrics	613 S. Myrtle, #205	Clearwater 33756	447-6458	
Ellis, MD	Lynne	Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	Spanish
Elvambuena, MD	Glivery	Evara Health	1721 Main Street	Dunedin 34698	824-8181	Tagalog
Farrar, MD	Ted	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	
Fine, APRN	Ann	Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	Spanish

Medicaid: Most Pediatricians accept Medicaid.

Gadea, MD	Shayne	Pediatric Health Care Alliance	12951 Walsingham Rd.	Largo 33774	391-0158	
Garrigan, MD	Erin	St. Petersburg Pediatrics	4105 49th St. N.	St. Petersburg	528-6900	
Gayahan, MD	Glivery	Evara Health	707 Druid Rd E	Clearwater 33756	824-8181	
Gerke, PA-C	Cheryl	All Star Pediatrics	5571 4 th St. N.	St. Petersburg 33703	525-7852	
Gerstner, APRN	Jennifer	Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	
Goldstein, MD	Gary	Palm Harbor Pediatrics	3890 Tampa Rd., #101	Palm Harbor 34684	789-5811	
Habib, MD	Marcelle	Pediatrics Rainbow	571 S. Duncan Ave.	Clearwater 33756	789-0777	Egyptian Arabic, Spanish, French, Moderate German, Italian
Halbert, MD	Doug	St. Petersburg Pediatrics	12170 Seminole Blvd.	Largo 33778	586-5355	
Hamilton, APRN	Jamie	St. Petersburg Pediatrics	4105 49th St. N.	St. Petersburg 33709	528-6900	
Herrero, MD	Vivian	Dunedin Pediatrics	424 Douglas Ave.	Dunedin 34698	734-7337	Spanish, French
Hicks, MD	Mary Ann	Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	
Hidalgo, MD	Carlos A.	Tarpon Springs Pediatrics	1007 E. Boyer Street	Tarpon Springs 34689	772-5982	
Hill, MD	Taryn	All Children's General Pediatrics	601 5 th St. S., #504	St. Petersburg 33701	767-8917	
Hirschfield, MD PA	Jeffrey	Jeffrey Hirschfield, MD	6705 38 th Ave. N., #A	St. Petersburg 33710	381-4305	German, Spanish
Hodgson, APRN	Lacey	East Lake Pediatrics	4150 Woodland Pkwy	Palm Harbor 34685	372-6760	
Hornbeck, MD	Elizabeth	St. Petersburg Pediatrics	7050 Seminole Blvd.	Seminole 33772	392-8033	
Hoyos, P.AC.	Amanda	St. Petersburg Pediatrics	4105 49 th St. N.	St. Petersburg 33709	528-6900	
Hutter, MD	George	Bayfront Family Health	700 6th Street S.	St. Petersburg 33701	893-6828	
Jackson-Curtis, MD	Danuta	Better Health Medical Center	28960 U.S. 19 N., #115	Clearwater 33761	771-8282	Spanish
Jacob, MD	Salil	All 4 Kidz Pediatrics	1907 Tyrone Blvd. North	St. Petersburg	317-2117	
Johnson, MD	Julie	Fifth Avenue Pediatrics	2855 5th Ave. N.	St. Petersburg 33710	323-2727	
Johnson-Milas, DO	Audrey	Suncoast Pediatrics	1395 W. Bay Drive	Largo 33770	584-6802	
Jones, MD	Emily	Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	
Jordan, MD	Mike	East Lake Pediatrics	4150 Woodland Pkwy	Palm Harbor 34685	372-6760	Spanish
Karges, MD	Stephen	All Star Pediatrics	5571 4th St. N.	St. Petersburg 33703	525-7852	
Kelley, MD	Sarah	Evara Health	7550 43 rd St. N. 14100 58 th St. N.	Pinellas Park 33781 Clearwater 33760	824-8181	
Kelly, MD	Karen	Myrtle Pediatrics	613 S. Myrtle Ave., #205	Clearwater 33756	447-6458	
Kim, MD	Jennifer	Coastal Pediatric Care	8787 Bryan Dairy Rd. #350	Largo 33777	525-2161	
Kitterman, DO	Chris	Evara Health JRC	1344 22 nd St. S.	St. Petersburg 33712	824-8181	
Klammer, DO	Veronica	Evara Health	707 Druid Rd E	Clearwater 33756	824-8181	
Klaus, LCSW	Jenniver	East Lake Pediatrics	4150 Woodland Pkwy	Palm Harbor 34685	372-6760	
Klein, MD	Jay	North Pinellas Children's Medical Center	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	Spanish
Lam, MD	Yim	Evara Health	4950 34th St. N.	St. Petersburg 33714	824-8181	
Lawrence, APRN	Samantha	St. Petersburg Pediatrics	2137 16 th St. N.	St. Petersburg 33704	822-1896	
Lawrence, MD	Elizabeth	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	
Leal, APRN	Jennifer	East Lake Pediatrics	4150 Woodland Pkwy	Palm Harbor 34685	372-6760	

Medicaid: Most Pediatricians accept Medicaid.

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Lewis, MD	Paul	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	
Logue, DO	Lyssa	Complete Wellness Pediatrics	5033 Central Avenue	St. Petersburg 33710	334-8523	Spanish
Lomicka, APRN	Carolyn	Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	
Lopez, MD	Maria	St. Petersburg Pediatrics	12170 Seminole Blvd.	Largo 33778	586-5355	Spanish
Lopez-Molina, MD	Norma	Evara Health	247 S. Huey Ave.	Tarpon Springs 34689	824-8181	Spanish
Lupert, MD	Nick	St. Petersburg Pediatrics	7500 Park Blvd.	Pinellas Park 33781	544-5437	
Mak, DO	Sheila	Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	
McAuliffe, MD	Lori	Lori McAuliffe, MD	405 Pasadena Ave. S	St. Petersburg 33707	345-2212	Spanish
McCormick, APRN	Leah	East Lake Pediatrics	4150 Woodlands Pkwy #B	Palm Harbor 34685	372-6760	
McHugh, APRN	Sara	St. Petersburg Pediatrics	3475 East Bay Drive	Largo 33771	535-9700	
McNeely, MD	Kathryn	Pinellas Pediatrics	1105 S. Ft. Harrison	Clearwater 33756	461-3163	
Meyer, MD	Ernesto	Partners in Pediatrics	401 Corbett St, #210	Clearwater 33756	446-1161	Spanish
Meyer, MD	Laura	Partners in Pediatrics	401 Corbett St., #210	Clearwater 33756	446-1161	Spanish
Mickey, MD	Jaimie	Bardmoor Family Practice	8787 Bryan Dairy Rd. #250	Largo 33777	391-6296	Spanish
Mikus, MD	Paul	Bardmoor Internal Med & Pediatrics	8787 Bryan Dairy Rd., #275	Largo 33777	394-5650	
Millette, MD	Kinjal	Evara Health	7550 43 rd St. N.	Pinellas Park 33781	824-8181	
Miranda, MD	Elinor	St. Pete Family Care	6450 38th Ave. No., Suite 400	St. Petersburg 33710	545-4444	Spanish
Money-McKinnis MD	Deborah	Evara Health	707 Druid Rd E	Clearwater 33756	824-8181	
Moore, APRN	Christine	All Children's General Pediatrics	601 5 th St. S., #504	St. Petersburg 33701	767-8917	
Moore, MD	Steven	Peninsula Pediatrics	13131 66th Street North	Largo 33773	228-7000	
Morgan, APRN	Morgan	St. Petersburg Pediatrics	7500 Park Blvd	Pinellas Park 33781	544-5437	
Morgan, MD	Steven R.	Suncoast Pediatrics	1395 W. Bay Drive	Largo 33770	584-6802	Spanish
Mularoni, MD	Kimberly	Northeast Pediatrics	431 Southwest Blvd N	St. Petersburg 33703	526-7337	
Nakajima, PA-C	Meri	All Star Pediatrics	5571 4th St. N.	St. Petersburg 33709	525-7852	French, Greek, Spanish
Neri, MD	Karena	Palm Harbor Internal Med & Peds	3890 Tampa Rd., #101	Palm Harbor 34684	789-5811	Spanish
Notter, MD	Sarah	Bardmoor Internal Med & Peds.	8787 Bryan Dairy Rd., #275	Largo 33777	394-5650	
Odom, MD	Kimberly	Myrtle Pediatrics	250 Pine Ave. N. 613 S. Myrtle Ave., #205	Oldsmar 34677 Clearwater 33756	447-6458	
O"Halleran, MD	Michael	Northeast Pediatrics	431 Southwest Blvd N	St. Petersburg 33703	526-7337	
Oyama, PhD	Oliver	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	Spanish
Pai, MD	Rajendra	Clearwater Pediatric Care	2370 Drew Street, #B	Clearwater 33765	461-1543	Spanish
Pantages, MD	Dino	North Pinellas Children's Medical Ctr.	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	Indian

Medicaid: Most Pediatricians accept Medicaid.

Patranella, MD	Pamela	Fifth Avenue Pediatrics	2855 5th Ave. N.	St. Petersburg 33710	323-2727	Spanish
Patterson, MD	Jebhar	St. Petersburg Pediatrics	2137 16 th St. N.	St. Petersburg 33704	822-1896	
Peters, DO	Bruce	Evara Health	707 Druid Rd E	Clearwater 33756	824-8181	
Petitfils, MD	Lisa	Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	
Pillai, MD	Ananth	Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	
Rankin, MD	George	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	
Rash, MD	Trudi	East Lake Pediatrics	4150 Woodlands Pkwy, #B	Palm Harbor 34685	372-6760	
Razman, MD	Dolores	North Pinellas Children's Medical. Ctr.	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	Spanish
Reese, MD	Jasmine	All Children's General Pediatrics	601 5th St. S., #504	St. Petersburg 33701	767-8917	
Reilly, MD	Elizabeth	St. Petersburg Pediatrics	2137 16th St. N.	St. Petersburg 33704	822-1896	Spanish
Reilly, MD	Jessica	Fifth Avenue Pediatrics	2855 5th Ave. N.	St. Petersburg 33710	323-2727	
Reyes, MD	Manual	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	
Richardson, MD	Athena	Pediatric Health Care Alliance	6671 13th Ave. N. Ste. 1D	St. Petersburg 33710	381-1147	Spanish
Riles, ARNP	Roxene	Sunshine Family Medical Center	3955 58th St. North	St. Petersburg 33709	347-2557	
Rodriquez, APRN	Rosie	East Lake Pediatrics	4150 Woodlands Pkwy, #B	Palm Harbor 34685	372-6760	
Rolland, MD	Lilivette	Cool Kidz Pediatrics	1111 7th Ave. N. #103	St. Petersburg 33705	822-5393	
Rommel, MD	Duane	North Pinellas Children's Medical Ctr.	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	
Rowe, APRN	Amanda	East Lake Pediatrics	4150 Woodlands Pkwy, #B	Palm Harbor 34685	372-6760	
Salansky, MD	Jennifer	Bardmoor Family Practice	8787 Bryan Dairy Rd., #250	Largo 33777	391-6296	
Salomon, MD	Jeth	Jeth V Salomon Pediatrics	6560 9 th Ave. N., #1	St. Petersburg 33710	381-5437	
Savel, MD	Greg	Myrtle Pediatrics	250 Pine Ave. N., #B	Oldsmar 34677	447-6458	
Sando, MD	Jane	ACH General Pediatrics	601 5th St. South #504	St. Petersburg 33701	767-8917	
Sawka, MD	Jennifer	North Pinellas Children's Medical Ctr.	31860 U.S. 19 N.	Palm Harbor 34684	787-6335	
Schuhmann, APRN	Cindy	Pediatric Health Care Alliance	12951 Walsingham Rd 6671 13th Ave. N. #1D	Largo 33744 St. Petersburg 33710	391-0158 381-1147	
Sherbuck, ARNP	Christine	St. Petersurg Pediatrics	2137 16th St. N.	St. Petersburg 33704	822-1896	
Skinner, MD	Tara	Bardmoor Family Practice	8787 Bryan Dairy Rd., #250	Largo 33777	391-6296	
Smith, MBChB	Chris	East Lake Pediatrics	4150 Woodlands Pkwy, #B	Palm Harbor 34685	372-6760	
Smith, MD	Jessica	East Lake Pediatrics	4150 Woodlands Pkwy, #B	Palm Harbor 34685	372-6760	
Smith, MD	Sally	Fifth Avenue Pediatrics	2855 5th Ave. N.	St. Petersburg 33710	323-2727	
Smith, MD	Vicky	St. Petersburg Pediatrics	12170 Seminole Blvd.	Largo	586-5355	
Sourbeer, MD	Jeffrey	Turley Family Health Care	807 N. Myrtle Ave.	Clearwater 33755	467-2400	
Specter, MD	Naushin	Lori McAuliffe, MD	405 Pasadena Ave. S	St. Petersburg 33707	345-2212	Polish
Spiochi, ARNP	Amanda	St. Petersburg Pediatrics	2701 54th Ave. S.	St. Petersburg 33712	867-5788	
Sterling, DO	Fran E.	Suncoast Pediatrics	1395 W. Bay Drive	Largo 33770	584-6802	
3 , 1	Train E.					
Strickland, APRN	Kim A.	All Star Pediatrics	5571 4 th ST. N.	St. Petersburg 33703	525-7852	Spanish
-		All Star Pediatrics Evara Health – JRC	5571 4 th ST. N. 1344 22nd St. S.	St. Petersburg 33703 St. Petersburg 33712	525-7852 824-8181	Spanish

Medicaid: Most Pediatricians accept Medicaid.

Threadgill, MD	Nichelle	Evara Health - JRC	1344 22nd St. S.	St. Petersburg 33712	824-8181	
Tran, MD	Thien	St. Petersburg Pediatrics	2701 54 th Ave. S.	St. Petersburg 33712	867-5788	Vietnam- ese
Upadhyay, MD	Bhumi	Northeast Pediatrics	431 Southwest Blvd N	St. Petersburg 33703	526-7337	
Vaughan, MD	Timothy	Bay Pediatrics	1725 E. Bay Dr., #A	Largo 33771	584-9810	
Vindhya, MD	Naveena	Cool Kidz Pediatrics	1111 7th Ave. N., #103	St. Petersburg 33705	822-5393	
Voltarel, MD	Stephen	Pediatric Health Care Alliance	6671 13th Ave. N. #1D	St. Petersburg 33710	381-1147	Spanish
Weber,MD	Charlene	North Pinellas Children's Medi- cal Center	31860 U. S. 19 N.	Palm Harbor 34684	787-6335	
Weinberger, MD	Alyssa	Coastal Pediatric Care	8787 Bryan Dairy Rd, #350	Largo 33777	525-2171	
Wesnofske, APRN	Cassandra	St. Petersburg Pediatrics	.7500 Park Blvd	Pinellas Park 33781	544-5437	
White, APRN	Sarah	St. Petersburg Pediatrics	3475 East Bay Dr.	Largo 33771	535-9700	
Wolf, APRN	Richard	St. Petersburg Pediatrics	7050 Seminole Blvd.	Largo	392-8033	
Zhao, MD	Wenying	St. Petersburg Pediatrics	1012 4th St. S.	St. Petersburg 33701	894-2231	Spanish

Medicaid: Most Pediatricians accept Medicaid. When you call for an appointment, you must confirm which HMO/MCO is accepted in their practice.

Language Key: All practices have English speaking staff in addition to other languages listed.

For updates or other helpful information, go to our website: www.healthystartpinellas.org

PREGNANCY CENTER SUPPORT

Services & items offered at no charge and may include: pregnancy tests, limited ultrasound, std/sti testing, childbirth & parenting classes, maternity and infant clothing, diapers, baby equipment, supplies and baby formula & food. Please call each center for details and days & hours of operation.

<u>A Woman's Place</u>

927 Klosterman Road, Tarpon Springs, FL #727-940-2626 8001 66th Street North, Pinellas Park, FL #727-545-1234

Foundations of Life Pregnancy Center

905 S. Prospect Ave. Clearwater FL #727-550-4236 or email: <u>fopinellas@ccdosp.org</u> <u>Kimberly Home</u> 1189 NE Cleveland Street, Clearwater, FL #727-443-0471

The Next STEPP Center (Services to Those Experiencing

<u>Pregnancy or Parenting)</u> 1210 22nd Street South, St. Petersburg, FL #727-896-9119

Bay Area Family & Pregnancy Center

2380 Drew Street, #6, Clearwater, FL #727-449-1988 5812 150th Avenue North, Clearwater, FL #727-200-9165 4000 43rd Street North, St. Petersburg, FL #727-200-9166 Times of operation vary at each location.

Mary's Outreach

Email: <u>lima4144@gmail.com</u> or #727-323-5100 Face to face in home services following COVID 19 rules.

Upper Pinellas Support Services Pregnancy Center

80 North Walton Avenue , Tarpon Springs, FL #727-937-4304

Project Teen Birth Call- 813-820-1660

Providing a full spectrum doula to achieve continuity of care during all pregnancy experiences, prenatal and postpartum visits in the comfort of your home or partnering birth centers. Working with mothers ages 13-20.

Also, virtual monthly support groups for young parents.

Connect: Online- <u>www.projectteenbirth.org</u>

Serving Pinellas and Hillsborough counties.

Doula=someone that provides guidance and support to pregnant mothers.

A Safe Haven For Newborns 1-877-767-2229

Infants 7 days old or less

Don't panic! You are not alone. We are here to help. Don't abandon your baby. Give your baby to any staff at a hospital, EMS or Fire station.

Expert written resources and information for families.





PREGNANCY MEDICAID

Pregnancy Medicaid Application Guidelines- April 2021

All women must apply on line by going to: <u>http://www.myflorida.com/accessflorida/</u>

If only applying for Pregnancy Medicaid (not SNAP/food stamps or TANF/cash assistance) the process should take under 10 minutes. Complete the application by faxing the following items to: **1-866-940-7126**

- 1) proof of identity (for example, driver's license) or proof of your U. S. citizenship (for example, birth certificate) or non-citizen status
- 3) proof of last 4 weeks gross income for household members listed on your federal tax return. Each faxed page must include your name, date of birth and DCF Case or Application Number. Note the following:

Household Size	Gross Monthly Income/Before Taxes
(Include Your Unborn Child)	(these figures include 5% standard disregard)
2	\$2,773
3	\$3,496
4	\$4,219
5	\$4,941
6	\$5,664
7	\$6,387
8	\$7,109

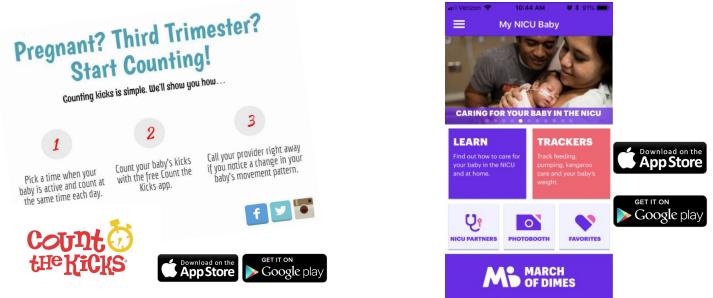
Make sure your income does not exceed the following limits:

Child Support and SSI are not counted as income and proof of pregnancy is **not** required.

All Medicaid recipients must choose one of the following HMO/PSN plans: Humana, Simply, Staywell or Sunshine. Once your Medicaid is approved, speak with your prenatal care provider to see what plan/s they accept in their practice. To then make this choice, go to the following site: www.flmedicaidmanagedcare.com/

If you do not have access to a computer, you can call 1-877-711-3662 to talk to a choice counselor.

Pinellas County Providers who accept Medicaid are listed on page 26- make an appointment right away! Note that a few may see you before your Medicaid is approved – they will bill Medicaid for services you receive.



PRENATAL PROVIDERS

*These providers may not accept Medicaid.

CLEARWATER

*A Place for Women – Drs. Delia Delgado, Lorraine Cuadros, Alexis Lipton, Annika Chadee, Beth Benson and Mariza Mushezo, APRN – (see Seminole location) – 727-393-2800

All Femcare - Drs. Hugo Perez-Artiles & Jose Calderon-Guzman - 727-785-7686

BayCare Medical Group- Drs. Elvia Vallejo, Christopher Kraft, Rachel Lambert & Eden Zeleke - 727-462-3401

Evara Health – Drs. Any Gabriel, Erica Schneider, Michael Kinder & Scott Greenberg, Tanya deGroot and CNM, APRN's Sharon Turpin, Elizabeth Plumley, Jaime Clark, Lucy Bosley & Callie Ashlock and Jenny Bagg, CNM and APRN's Emily Michelson & Rachel Russell- 727-824-8181 – (see PP and two SP locations)

Gulfcoast Institute of Ob/Gyn – Drs. Romeo Acosta, Guillermo Calderon, Emanuel Javate, Christy Shamas, Wilfredo Lorenzo, Kamila Malinowska, and Taylor Ann Lentz, PA – 727-540-0670 (see SP & Seminole locations) **Dr. G. Stephen Igel** – 727-461-7611 (see Tarpon Springs location)

Turley Family Health Center – Dr. Daniel Chernaev and CNM's Carol Hay, Rachel Stall & Susan Salazar –727-467-2400

*Dr. Thomas Walter and Amy Harrington, APRN - 727-669-6242 *Women's Care Florida/Countryside Obstetrics & Gynecology – Drs. Anjana Patel, Trisha Llewellyn, Maria Pimentel & Joshua Jones

and Kristin Carl. APRN. - 727-725-5121

*Women's Care Florida/Lerner, Rudolph, McCance & Associates – Drs. Saul Lerner, Richard Rudolph, Gigi McCance, Ryan Brosch, Susan Marcelli, Jacqueline Fernandes, Katharine Weinstock & James Lee – 727-461-2757 (see offices in SP & PH)

LARGO Breath of Life -APRN's Cynthia McCullough, Laci Spengler, Ellen Hope & Chanel Blanchard & Tammy Taylor – 727-216-1420 Women's Care Florida/ Contemporary Women's Care—Drs. Katherine Dadisman, Brooke Ritter, Diana Connor & Ashley Long and CNM's Debbie Landis-Nussbaum &Tonia Badura and APRN's Jordan Bennett& Chelsea DeLuca and Pamela Rox, APRN, CNM – 727-462-2229 (see Palm Harbor location)

PALM HARBOR

Ladies & Babies - Dr. Arleigh Ancheta - 727-781-3448 Women's Care Florida/Contemporary Women's Care - (See Largo location) -727-281-9649 *Women's Care Florida/Lerner, Rudolph, McCance & Associates - 727-461-2757 (see providers in CW & see SP location)

PINELLAS COUNTY

Childbirth Options – Sizzly Auer, LM, CPM – home births – 813-381-6430, ext. 101 ***Circle of Life - Cheryl Moore, LM –**home births - 813-426-2397 *Labor Lovelies— Nedra Miller, CNM, APRN—home births—727-478-0617 *Mama Centered Midwife – Michelle Gallagher, LM, CPM – home birth—727-228-2879 Uma Midwifery – Zulgail "Zul" E. Ruiz Ginés LM, CPM – home births - 310-425-9414

PINELLAS PARK

Evara Health - (see providers in CW & see SP locations) -727-824-8181

SAFETY HARBOR

*Florida Women's Care - Dr. James Gallagher - 727-786-8678 Women's Care Florida/ Williams, Goldman & Watson - Drs. A. Trent Williams, Joshua Goldman, Jennifer Watson, Christy Nolan, Sarah Shelden, Jennifer Bowen & Lauren Moorehead and Renee Pinheiro, MPAS and Jackie Tinny, CNM & Nicole Gregory and Lynn DeVries, ÁPRN - 727-376-7734

ST. PETERSBURG

*JH/ACH Maternal Fetal & Neonatal Institute Perinatology Specialists – Drs. Karen Raimer, Jose Prieto, Katherine Apostolakis-Kyrus, Rachelle Schwartz, Mayra Cruz Ithier. Tiffany Tonismae & Jose Perez Yordan- 727-767-7903

JH/ACH OB-GYN Specialists – Drs. Sheila Devanesan, Suzanne Icely, Laura Politz, Tammy Nguyen, Jenny Michael, Tess Chance, Tara Taylor and APRN, CNM's Amy Johnson – 727-767-6060 Bayfront Family Health Center – 727-893-6198 - High Risk Clinic/CMS/Regional- directed by JH/ACH Maternal & Neonatal Institute Perinatology

Spécialists listed above

Evara Health at JRC and Bayfront- (see providers in CW and locations in Pinellas Park) – 727-824-8181 **Gulfcoast Institute of Ob/Gyn –727-344-4651 –** (see providers in CW & see Seminole location)

The Birth Center of St. Pete – Jessica Willoughby, LM – 727-895-2300 Women's Care Florida/Absolute Health & Wellness – Drs. Jennifer Gilby, Sarah Miller, Nadia Pile & Jenna Harrison and

APRN, CNM's Kelly Murray, Amanda Klawinski, Jayma Holt, Kathryn Steckel & Kat Ambler – 727-323-3838 Women's Care Florida/BayView OB/GYN – Drs. Thomas McNeill, Jr. & Carlos Reyes and APRN, CNM's Darlean Weingarten, Michelle Griner, Brandi Haugabook and APRN Liz Gonzalez – 727-895-1300

*Women's Care Florida/Lerner, Rudolph, McCance & Associates – 727-461-2757 (see providers in CW and see PH location) Women's Care Florida/New Beginnings – Drs. Kimberly Biss & Raphael Guichard and Connie Rudolph, APRN, CNM and Nicole Gueli, APRN-C and CNM's Stephanie Tracey & Michelle Pease – 727-456-0080

Women's Care Florida/St. Petersburg Obstetrics & Gynecology – Drs. Molly Long, Beth Diner, Linda Tijerino, Anna Wouters & Prashanti Logeswaren and Donna Wilkinson, PRN-C and Amanda Freeman, APRN (two locations) – 727-954-7121

*A Place for Women – (see providers in CW location) - 727-393-2800 Gulfcoast Institute of Ob/Gyn- 727-319-2303 - (see providers in CW & see SP location)

TARPON SPRINGS

Dr. G. Stephen Igel - 727-461-7611 (see Clearwater location)

SHELTERS/EMERGENCY HOUSING

Alpha House http://alphahousepinellas.org/

701 5th Ave. N., St. Petersburg, FL • 727-822-8190 Homeless woman ages 14-41 pregnant or with baby 9 months or younger. Six months clean and sober. School attendance or work required to maintain placement.

CASA https://www.casa-stpete.org/

Tel. 727-895-4912 24 hr. domestic violence hotline For survivors of domestic violence. Emergency and temporary housing program.

Pinellas Hopehttps://pinellashope.org/emergency-shelter/5726 126th Ave, N. Clearwater, FL.727-556-6397. A 90-day shelterfor homeless men and women clean and sober; case managers andadult GED classes on site.Sponsored by Catholic Charities.

Hope Villages of America https://hopevillagesofamerica.org/

1552 S. Myrtle Avenue, Clearwater, FL •727-446-5954 Eligibility: Homeless families with children; maximum stay 8 weeks, and referral to mental health services if needed. Must be employed or employable for 18 & over. Drug test and background check required.

Salvation Army Emergency Shelter

• 340 14th Ave. S., St. Petersburg, FL • 727–550-8080 Call for appt. Family dorm, female dorm and male dorm on premises. First 7 days free, thereafter \$10.00 a night to stay.

• Hope Crest 1521 E. Druid Rd. Clearwater #727-446-4177 For working families with minor children in their care and enrolled in some educational training.

Family Promise of Pinellas Countyhttps://fppinellas.org/6201 22nd Ave N. St. Petersburg, FL#727-201-9571Families with children under 18 years of age.

H.E.P. (Homeless Empowerment Program)

1120 N. Betty Lane Clearwater, FL 33756 • 727-442-9041 Housing and support for individuals, families and veterans. https://www.hepempowers.org/

<u>Pinellas Safe Harbor</u> 14840 49th Street North, Clearwater, Florida 727-464-8058. A homeless shelter and jail diversion program designed to be a safe haven for homeless. 24 Hours 7 Days per week. Pinellas County residents.

Family Resources—Safe place 2B https://familyresourcesinc.org/

North County: 727-298-1607 South County:727-893-1893

Supporting homeless youth ages 10-17 from all backgrounds.

St. Petersburg Free Clinic/We help

863 3rd. Ave. N. St. Petersburg 33701 Women's Residence-case managed 727-821-3894 Beacon House-long term, for men 727-823-5780 https://stpetersburgfreeclinic.org/

SUBSTANCE USE TREATMENT

Operation PAR

24 hour helpline 1-888-727-6398 Administrative Center: 6655 66th Street North Pinellas Park 33781 727-454-7564 <u>Detox</u> Tel. 727-538-7243 6150 150th Ave N, Clearwater, FL 33760

PAR Village for Women

13800 66th St N, Largo 33771

Residential treatment and drug abuse rehab

Motivating New Parents (PAR)

Home visitation and supportive services Contact Jamie: 727-422-6647 Contact Gustavo: 727-263-7127

<u>COSA Developmental Center</u> 1930 4th St. South St. Petersburg 33705 727-551-5194 ext. 5404

Fairwinds Residential Treatment

https://fairwindstreatment.com/ 1569 South Fort Harrison, Clearwater Tel. 727-449-0300 Hospital In Patient /Residential Short Term Self-pay/private insurance/No Medicaid

WestCare Florida

OUTPATIENT SERVICES CENTERS: Tel. 727-490-6768 Main office: 8800 49th St. North #402 Pinellas Park 33782 & 5999 Central Ave. #401 St. Petersburg 33710 SERVICES: Ryan White, Re-entry, Drug Court, Prevention, Veteran's Treatment Court Clients under influence of substance. No insurance required/ homeless ok Alcoholics Anonymous: 24/7 Helpline 727-530-0415

Tel. 727-333-7118 www.aapinellas.org

Bay Area Narcotics Anonymous:

Tel: 1-888-779-7117

www.bascna.org

<u>Al-Anon Family Groups</u>

Tel: 1-888-425-2666

https://al-anon.org/

Smoking Cessation

Tobacco Free Florida-<u>Quit support groups</u> at 877-848-6696 or 813-929-1000 visit: <u>www.tobaccofreeflorida.com/quityourway</u>

CDC tips and resources: <u>https://www.cdc.gov/tobacco/campaign/tips/quit-smoking/guide/index.html</u>

Also: <u>https://smokefree.gov/</u>

Suncoast Center <u>https://www.suncoastcenter.org/</u>

Central Office: 4024 Central Ave. St Petersburg

For appointments call: 727-388-1220

Locations all over Pinellas county.

Many programs available focusing on mental health, substance use, family counseling, trauma assessment and counseling.

Windmoor Health Care https://windmoor.com/

11300 US 19 N, Clearwater Tel. 727-541-2646 24 hours a day Medicare, private and some Medicaid/HMO Ask for WIN team if no insurance In patient detox 18 yrs. and older Outpatient /inpatient services for mental health.

TRANSPORTATION

Medicaid transportation

All Medicaid recipients in Pinellas and Pasco Counties will have to access Medicaid services, including transportation, through one of the four Managed Care Organizations listed below.

Contact Medicaid/AHCA to find out more by calling their Choice Counselor Hotline at (877) 711-3662

Managed Care Organizations (MCO) serving Pinellas County are: *Humana: 1-800-477-6931 TTY: 711 https://www.humana.com/medicaid/florida-medicaid/member-support/new-members *Simply Healthcare: 1-844-406-2396 TTY: 711 https://www.simplyhealthcareplans.com/florida-medicaid/benefits/medicaid-benefits.html *Sunshine: 1-866-796-0530 TTY: 1-800-955-8770 https://www.sunshinehealth.com/ *more specialty plans exists.



Call the Medicaid provider 3-4 days in advance and you will be asked for your Medicaid number, trip purpose and details like address and time of appointment. They will send this information to one of their transportation brokers, who will schedule the trip with a local transportation provider.

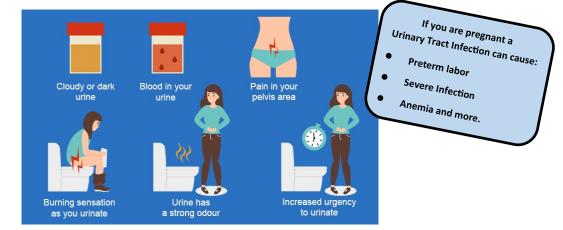
If there is a problem with the trip, file a complaint with AHCA via their website or phone number posted above. LEARN MORE:

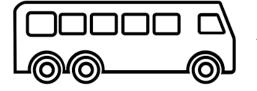
AHCA has a comprehensive website with links to a program snapshot: <u>http://www.ahca.myflorida.com/smmc</u>

Reduced-Cost PSTA Bus Passes https://www.psta.net/ Call 727-540-1900

The Pinellas Suncoast Transit Authority (PSTA) provides bus service throughout most of the county. All buses are air-conditioned and wheelchair accessible.

- Regular Cash Fare \$2.25
- Reduced Cash Fare \$1.10
- ◆ Downtown Looper—Free
- Jolley Trolley—\$5 unlimited, \$2.50 Seniors
 - ♦ Go Cards
- Flamingo Fare—<u>https://flamingofares.com/</u>





https://www.webmd.com/women/guide/pregnancy-urinary-tract-infection

UTILITY OR RENTAL ASSISTANCE

Each program has different eligibility guidelines and funding sources

Assurance Wireless Phone Program:

Assurance Wireless Benefits - FREE Phone, unlimited text & 1000 FREE Voice Minutes Monthly. Eligibility varies by state, but you may qualify for Assurance Wireless. Tel. 1-888-321-5880 www.assurancewireless.com

CAP Center of Alliance and Progress https://www.citizensallianceforprogress.org/family.html#Emergency_link

Helping with utility bill assistance for families involved in their family support program.

401 East MLK Jr. Dr. Tarpon Springs Tel. 727-934-5881 ext. 0

Catholic Charities

Provides support and guidance to stabilize poor individuals and families in crisis in danger of becoming homeless in need of emergency utility assistance. Tel. 727-893-1313 <u>https://www.ccdosp.org/financial-assistance-pinellas-county/</u>

Family Services Initiative (FSI)

Call 211 or 727-210-4211Text your zip code to 898211

To be eligible, there must be one person in the household with a social security and the family must be able to prove sustainability within 30 day of assistance.

Florida Life Line/Linkup Florida Discount phone services and phone bill assistance. Call. #800-540-7039

Good Samaritan Program

Assists the residents of Dunedin, Largo, Seminole and Clearwater with partial costs of water and electric bills. By appointment only. Tel. 727-644-4795

H.E.P. (Homeless Empowerment Program) https://www.hepempowers.org/rental-assistance/

1120 N. Betty Lane Clearwater, FL 33756 • 727-442-9041 Rental assistance. Complete from online and email to pwhite@hepempowers.org

Our Florida https://www.ourflorida.com/ Helping Floridians get back on their feet. #833-493-0594

Pinellas County Emergency Rental Assistance Program

855-379-3515 Provides rental assistance to residents who have been impacted by Covid 19.

Where To Get Help - Pinellas County COVID-19 Response and Recommendations

Pinellas County Low Income Home Energy Assistance Program (LIHEAP)

727-327-0977 (must have appointment) Calls start at 8:15 a.m.

Must meet income criteria., complete application and provide identification, proof of household income and assets.

Assistance is limited to once a year. Provides assistance to pay a portion of the home energy costs.

Pinellas Opportunity Council, Inc.

Admin. Office: 501 1st Avenue North Suite 517, St. Petersburg: 727-823-4101 Call for requirements and eligibility.

Emergency assistance for energy bills, rent, mortgage, and budgeting classes etc.

RCS/Hope Villages of America

727-443-4031 ext. 108 700 Druid Rd. Clearwater FL Duke energy and rental assistance.

Safelink Wireless Phone Program:

Safelink Wireless is a government supported program that provides a free cell phone and airtime minutes. Customer must call for guidelines.

1-800-723-3546 www.safelinkwireless.com

Salvation Army Financial Assistance Social Services Office - call for an appointment

Services provided one time every 12 months. Helping with utilities and rent. Some documents required, call for details.

St. Petersburg –3800 9th Ave. N.: 727-323-2222– Helping St. Petersburg and surrounding cities.

1400 4th St. South: 727-822-4954 ext. 3

Clearwater- 1521 East Druid Road: 727-446-4177—Helping Clearwater, part of Largo, Dunedin and Safety Harbor

Tarpon Springs –209 S. Pinellas Ave., 727-934-4476– Helping people living in Tarpon Springs, Palm Harbor and Oldsmar

St. Nicholas Philoptochos Church

Assistance with electric, water and other financial needs for residents of Tarpon Springs, and Palm Harbor (also New Port Richey and Holiday).

Call 727-944-3366 *funding is limited*

<u>St. Vincent de Paul CARES</u> Assisting with rental and utilities for those participating in their program.

South Pinellas: 727-823-2516

We Help/St. Petersburg Free Clinic

863 3rd Ave. N., St. Petersburg: Tel. 727-821-1200 – Eligibility determined by a needs assessment of individual and family. Requires ID, verification of income and expenses. Call for days & time. Assistance with ID, BC, transportation, water bill, baby items, medical supplies and more.

VITAL DOCUMENTS

Driver's License & ID Cards <u>https://www.flhsmv.gov/</u> Make and appt. 850-617-2000 Driver licenses, ID cards, reinstatements, written and skills exams. Clearwater: 20200 US Hurr 10 N #100	Social Security Card <u>www.ssa.gov</u> 1-800-772-1213 TTY 1-800-325-0778 Apply for original SS card, replacement card, name changes on card, request benefit verification letter, Social Secu- rity benefit statement, replacement Medicare card, and more.	Birth Certificate/Death Certificate https://www.vitalchek.com/vital- records/florida/florida-vital-statistics Office of Vital Statistics 727-507-4330 x 7613 8751 Ulmerton Rd. Suite 1700 Largo, FL 33771
Clearwater: 29399 US Hwy 19 N. #100 Clearwater: 1663 Gulf to Bay Largo:13025 Starkey Rd. St Petersburg: 1800 66th St N. St Petersburg: 1067 62nd Ave. S.	2340 Drew St, Clearwater, FL 33765 30 Dr. MLK St. S, St. Petersburg, FL 33701	Birth/Death/Marriage/Divorce Certificates

Voters Registration

Tel. 727-464-VOTE (8683)

Offices in Clearwater, Largo, & St. Petersburg

You must be 18 to vote.







Nutrition program for pregnant, post-partum & breastfeeding women and infants & children up to five years old providing healthy foods including fresh fruits, vegetables & breastfeeding support at no cost. For an appointment call 727-824-6913 or 727-824-6914

St Petersburg 205 Dr. MLK Jr. St. N. 727-824-6900	Mid County 8751 Ulmerton Rd., Largo 727-524-4410 Drive through available.	Tarpon Springs 301 S. Disston Ave. 727-942-5457
Safety Harbor Neighborhood Center	Pinellas Park	Clearwater
1003 MLK St. N. Safety Harbor	6350 76 th Ave North	310 Myrtle Ave.
727-791-8255	727-547-7780	727-469-5800