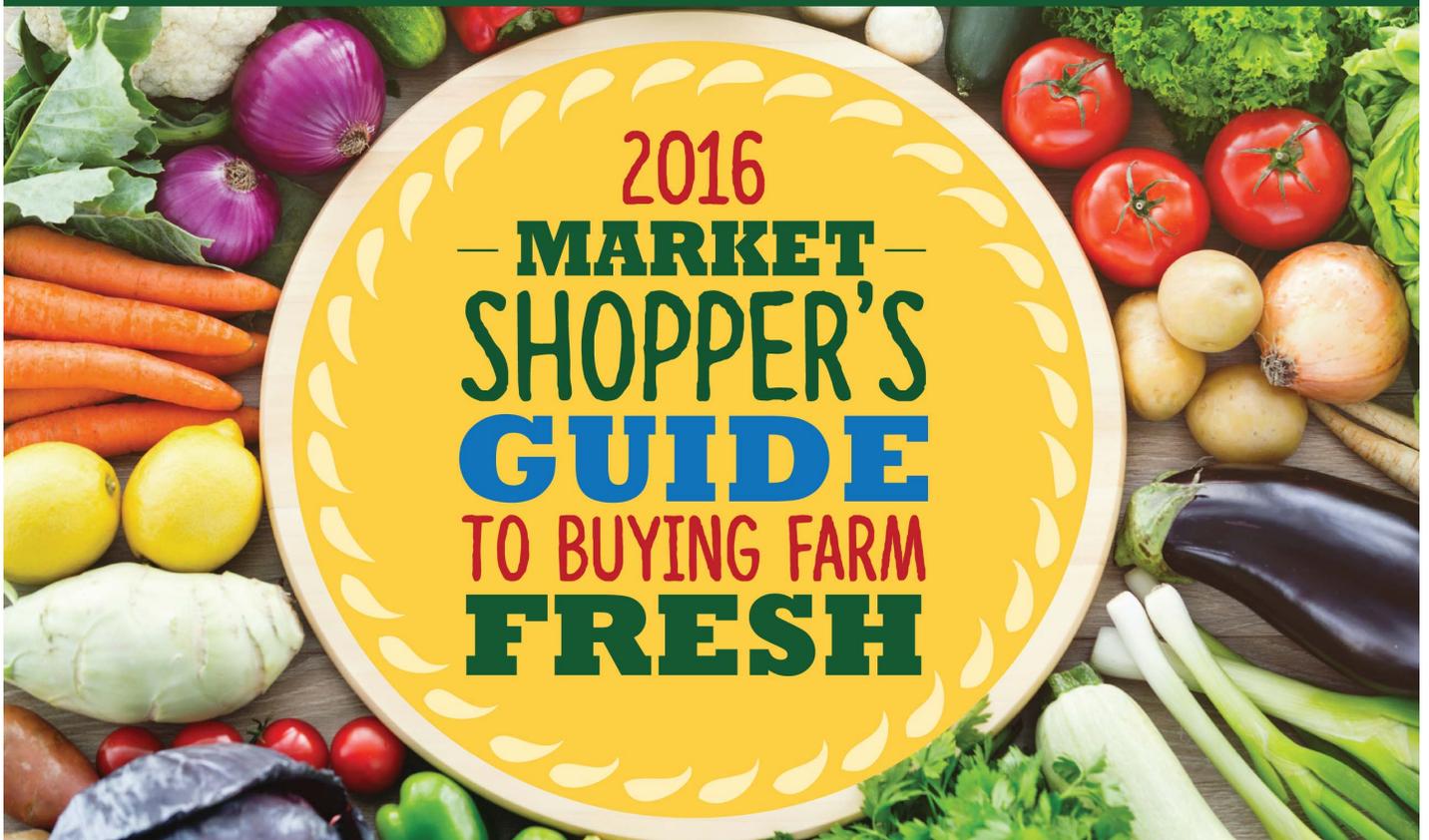


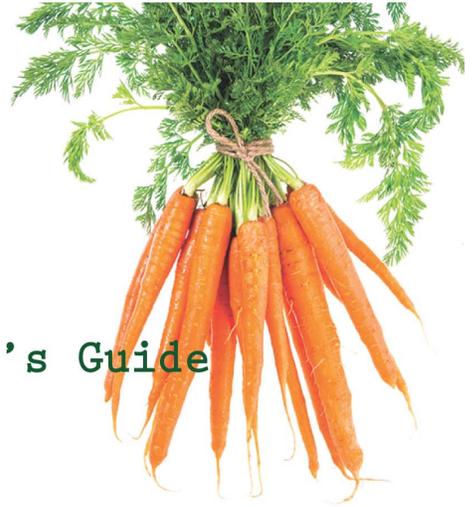
Tampa Bay Markets



LOCALLY FARMED :: IMPORTED & CONVENTIONAL :: HYDROPONIC AQUAPONIC :: NON GMO :: CERTIFIED ORGANIC

We recommend these

3 STEPS



Check out our Market Shopper's Guide to buying farm fresh before you visit the market!



When shopping talk to the vendor and ask them how they grow and/or where the food comes from!



Tell the vendors what you want to buy. They might be able to supply you with something they don't have if you request it.

*Showing continued support for local farmers that are available to you will help increase their sales and productivity. It will also help to draw more farmers to the markets you visit!

MARKET SHOPPER'S GUIDE

Tampa Bay Markets 2016

OPTIONS
FOR YOU!

LOCALLY
FARMED

IMPORTED
AND/OR
CONVENTIONAL

HYDROPONIC
OR
AQUAPONIC

NON
GMO
OPTIONS

CERTIFIED
ORGANIC
OPTIONS

Fresh Market at Wiregrass	Fresh Market at Hyde Park Village	Carrollwood North Tampa Market	Seminole Heights Market	Dunedin Downtown Market	Corey Avenue Sunday Market St. Pete Beach
Lee Farms, Webster, FL	Live Oak Organics Brooksville, FL	Green Acre Aquaponics Brooksville, FL	Live Oak Organics Brooksville, FL	Gamble Creek Farm Parrish, FL	Aurora's Fresh Produce Immokalee, FL
Parke Hydrofarms Dover, FL	Green Acre Aquaponics Brooksville, FL	Small Town Farms Tampa, FL	Green Acre Aquaponics Brooksville, FL	Green Acre Aquaponics Brooksville, FL	Florida Fresh Live Herbs Seffner, FL
Live Oak Organics Brooksville, FL	Small Town Farms Tampa, FL	Florida Fresh Live Herbs Seffner, FL	Dusty's Produce Fort Myers, FL	T's Market & Produce Dunedin, FL	Wild Guava Nursery Plant City, FL
Green Acre Aquaponics Brooksville, FL	Wild Guava Nursery Plant City, FL	Restoration Ridge Farm Dade City, FL	Wild Guava Nursery Plant City, FL	Kilpatrick Produce Clearwater, FL	
Small Town Farms Tampa, FL	Florida Fresh Live Herbs Seffner, FL	Peaceful Pasture Farms Zephyrhills, FL	Florida Fresh Live Herbs Seffner, FL	Florida Fresh Live Herbs Seffner, FL	
Peaceful Pasture Farms Zephyrhills, FL	Restoration Ridge Farm Dade City, FL		Heathy Heritage Grass Fed Beef Pensacola, FL	Circle 6 Farm Duette, FL	
Wild Guava Nursery Plant City, FL	Heathy Heritage Grass Fed Beef Pensacola, FL		Trail Bail Farm Tampa, FL	Straight Up Greens Palm Harbor, FL	
Florida Fresh Live Herbs Seffner, FL	Trail Bail Farm Tampa, FL		Circle 6 Farm Duette, FL		
	Inspire Seeds Lakeland, FL		Inspire Seeds Lakeland, FL		

2016
OPTIONS
FOR YOU!

Tampa Bay Markets SHOPPER'S GUIDE DEFINITIONS

LOCALLY
FARMED

Food that is grown within 100 miles. * Most farms in Florida are located outside the 100 mile radius of Tampa Bay.

IMPORTED
AND/OR
CONVENTIONAL

Food that is grown using conventional methods that may or may not be pesticide or GMO free and is grown outside the 100 mile radius and is imported.

HYDROPONIC
OR
AQUAPONIC

Hydroponics Food is grown using mineral nutrient solutions, in water, with or without soil. Aquaponics, refers to any system that combines conventional aquaculture (raising aquatic animals such as snails, fish, crayfish or prawns in tanks) with hydroponics (cultivating plants in water) in a symbiotic environment.

NON
GMO
OPTIONS

Food that is grown without using Genetically Modified Organism seeds to reproduce.

CERTIFIED
ORGANIC
OPTIONS

Food that has been grown organically without the use of synthetic chemical inputs (e.g. fertilizer, pesticides, antibiotics, food additives) and that has been officially inspected through the United States Department of Agriculture and is certified as Organic.

Know What You're Buying!

Conventionally
Grown



4011

Four digit code
starting with 3 or 4

Organic



94129

Five digit code
starting with 9



83137

Five digit code
starting with 8