

October 2020

(727) 298-3299



The City of Dunedin's highest priority is the safety of our patrons and staff. Following the guidance of Pinellas County face covering ordinance, the Center for Disease Control and Prevention, and the Department of Health will help ensure the safety of all of us in order to help prevent the spread of COVID-19.

Please see below for procedures and guidelines when visiting the Hale Senior Activity Center:

- Participants will complete a screening to include a temperature check and questions prior to entering the facility.
- We highly encourage hand washing and social distancing.
- Regular cleaning and sanitization will be done throughout the day.
- All participants must fill out and sign a COVID-19 waiver.



330 Douglas Avenue
Dunedin, FL 34698
www.DunedinGov.com

Hours of Operation

Monday	8 am - 6 pm
Tuesday	8 am - 5 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 9 pm
Friday	8 am - 3 pm

Recreation Card Rates

Dunedin Resident	\$10/1 year
Non-Resident	\$90/1 year
	\$56/6 months
Unincorporated (Pinellas County)	\$56/1 year

To obtain or renew a Resident Rec Card, residents must present a photo ID (FL Driver's License) and another proof of residency containing: name, address and date less than 90 days old upon date of application.

If you have a disability that requires accommodation, please notify the Dunedin ADA Coordinator at (727) 298-3199 a minimum of (48) hours prior to the event or program and reasonable accommodation will be made.

MONDAY

9-10am.....	Senior Exercise - \$4/\$5
10-11am.....	Line Dance Beginners - \$16/\$24 (M)
10am-12:30pm.....	Mexican Train Dominoes - Free/\$1
10:15-11:15am.....	Zumba Gold - \$4/\$5
12:30-4pm.....	Casual Bridge - \$2/\$3
1:00-3:00pm.....	Chair Volleyball - \$2/\$3
4:30-5:30pm.....	Ballroom Dance Beginners - \$40/\$60 (M)
5:30-6:30pm.....	Ballroom Dance - \$10/\$15(D); \$40/\$60 (M)

TUESDAY

8:00am.....	Walking Club - \$5/\$8 (Y)
9am-12pm.....	Woodcarving - \$8/\$12(D); \$28/\$42(M)
10-11am.....	Community Drum Circle (outdoors) - \$2
11:45am-3:30pm.....	Duplicate Bridge - \$2/\$3
1-3pm.....	Dulcimer Club - \$1/\$2
3:15-4:30pm.....	Happy Taps - \$4/\$5

WEDNESDAY

9:30-10:30am.....	Qi Gong - \$4/\$5
10am.....	Alzheimer's Support Group (Conference)- Free
10:30am-11:30am.....	Line Dance - \$4/\$5
2-3pm.....	In the News - Free/\$1
11:15am-4:30pm.....	Canasta - Free/\$1
12:30-4pm.....	Casual Bridge - \$2/\$3
1:00-3:00pm.....	Chair Volleyball - \$2/\$3

THURSDAY

8:00am.....	Walking Club - \$5/\$8 (Y)
9:30-10:30am.....	Chair Yoga - \$4/\$5
10:15-11:15am.....	Zumba Gold - \$4/\$5
10:45am-12pm.....	Happy Taps - \$4/\$5
11:45-3:30pm.....	Duplicate Bridge - \$2/\$3
12:30-4:30pm.....	Mah-Jongg - \$2/\$3
12:30-5pm.....	Samba - Hand and Foot - Free/\$1
6-8:30pm.....	Sketch Group - \$2/\$3
6:30-9pm.....	Snell's Square Dancing - \$6

FRIDAY

9-10am.....	Senior Exercise - \$4/\$5
10am-12pm.....	Crafter's Corner - Free/ \$1
10:30-11:30am.....	Line Dance - \$4/\$5
11:15am-3pm.....	Hand, Knee & Foot - Free/\$1
12-3pm.....	Quilter's Corner - Free/\$1
12:30-4pm.....	Casual Bridge - \$2/\$3

Pricing Key: \$/Rec Card, \$/No Card

All fees are daily drop-in fees unless otherwise noted by:
(D)=Daily Fee, (M)=Monthly Fee, (Y)=Yearly Fee

Fitness & Exercise

Senior Exercise

Mondays & Fridays, 9-10:00 am

\$4/Rec Card, \$5/No Card

A low-impact workout focusing on strength, stamina, flexibility and balance. You may choose to sit in class.

Zumba Gold

Mondays & Thursdays

10:15-11:15 am

\$4/Rec Card, \$5/No Card



This Latin-inspired, dance-fitness class feels fresh, exhilarating and keeps you in the groove of life.

Chair Volleyball

Mondays & Wednesdays, 1-3:00 pm

\$2/Rec Card, \$3/No Card

It's just like volleyball but instead uses a beach ball and caters to the activity level of older adults.

Walking Club

Tuesdays & Thursdays, 8:00 am

\$5/Rec Card, \$8/No Card (yearly Oct-Sept)

Join this friendly, energetic club to exercise and socialize as you walk the Pinellas Trail.

Qi Gong

Wednesdays

9:30-10:30 am

\$4/Rec Card, \$5/No Card

Improve balance, release stress and awaken your inner energy. Join us for slow movements and meditation.

Chair Yoga

Thursdays, 9:30-10:30 am

\$4/Rec Card, \$5/No Card

Through relaxation techniques, improve your strength, flexibility, energy, and sense of well-being.

Exercise Room

Mon-Fri during open hours

\$Free/Rec Card, \$1/No Card

Includes treadmills, bikes, a cardio machine, and a home gym. No contracts or monthly fees. Limited to 2 people at a time.

Support Services

Prediabetes and Diabetes Management

Mondays, 10:30 am - 12 pm (Resumes Nov. 9)

\$3/Rec Card, \$4/No Card

Get a clear understanding and learn the many health issues related to diabetes. Bring questions and share knowledge with others. Facilitate by Mary Gynn, RN, BSN, MSN/MS, MPH and Diabetes Educator.

Dance

Line Dance - Beginners

Mondays, 10-11:00 am 10/12-11/2
\$16/Rec Card, \$24/No Card 11/9-11/30

For the beginner who enjoys great music and wants to learn the line dances played at weddings, parties and much more. Line dance is great for the memory as well as good wholesome exercise. Must pre-register.

Ballroom/Latin Dance - Beginners

Mondays, 4:30-5:30pm 10/5-10/26
\$40/Rec Card, \$60/No Card 11/2-11/23

If you are new to ballroom dance this class is for you! You will learn basic Ballroom and Rhythm patterns in Waltz, Foxtrot, Tango, Rumba, Cha-Cha, East Coast Swing, and Salsa. Must pre-register.

Ballroom / Latin Dance

Mondays, 5:30-6:30pm
\$10/Rec Card, \$15/No Card (Drop-in Fee)
\$40/Rec Card, \$60/No Card (Monthly Fee)

Learn the Cha-Cha, Rumba, Salsa, Waltz, Swing and Tango. Wear comfortable shoes and attire.

Happy Taps

Tuesdays, 3:15-4:30 pm
Thursdays, 10:45am-12pm
\$4/Rec Card, \$5/No Card

Learn tap dancing to classic, Broadway show tunes; a fun way to improve your balance, coordination, endurance and memory.

Line Dance - Experienced

Wednesdays & Fridays, 10:30 - 11:30 am
\$4/Rec Card, \$5/No Card

For experienced line dancers who enjoy progressive learning. Learn line dances to Blue Jean Night, Broken Stones, Blue Night Cha, Little White Church, Would You Be Vine, Electric Slide and Boot Scoot & Boogie.

Snell's Square Dancing

Thursdays, 6:30-9 pm
\$6/person

A fun evening of square dancing with professional callers, Rosie and Allen Snell. Beginners and experts welcome!

Howard's Line Dance Social

3rd Monday monthly, starts Monday Nov 16th
6:30 - 8:30 pm
\$6/person

Join Margaret for social line dancing for beginner dances as well as experienced dances. Dances may begin with some simple instruction. Have fun dancing to country and non-country songs while making new friends.



Music

Intergenerational Community

Drum Circle

Tuesdays, 10 - 11am (Outdoors—South Lawn)
\$2/person

Enjoy an intergenerational activity for all abilities and ages under the oaks in the south lawn at the Hale Center. All drums and percussion provided or bring your own! This program is led by Marte Clark.

We drum, sing, dance, and laugh while making great music and experiencing the magic of our very own community. Please bring your own lawn chair. Masks required.

Dulcimer Club

Tuesdays, 1-3:00 pm
\$1/Rec Card, \$2/No Card

Musicians gather to share music and friendship. The primary instrument is the mountain dulcimer, other instruments are welcome as well. Community performances and other activities are occasionally scheduled for the club.



Support Services

Alzheimer's Support Group

Wednesdays, 10 - 11:00 am (Conference Call)
\$Free to attend

A weekly support group for family members, caregivers, and others interested in learning more about Alzheimer's disease. Please call (727) 698-0008 for more information.

Hale Center Gift Shop

All kinds of unique, hand-made gifts!

Needing a gift for someone who already has everything? Tired of giving generic, store-bought gifts? Do your gift shopping at the Hale Center Gift Shop for locally, handmade gifts for even the most "difficult to shop for" on your list! 1 person in the shop at a time!

Gift Shop Hours

Monday - Thursday: 10 am - 1 pm



Cards & Games

Mexican Train Dominoes

Mondays, 10am-12:30pm

\$Free/Rec Card, \$1/No Card

Try the new craze; 8+ can play at the same time. No partner needed, come by yourself or bring a friend.

Casual Bridge

Mon, Weds & Fri, 12:30-4:00 pm

\$2/Rec Card, \$3/No Card

Enjoy a friendly game of casual bridge. No partner needed. Must have playing knowledge of hand evaluation, bidding, play and strategy.

Duplicate Bridge

Tues & Thurs, 11:45 am-3:30 pm

\$2/Rec Card, \$3/No Card

Offered two days per week for experienced players. Bring your partner and get in the game.

Canasta

Wednesdays,

11:15 am-4:30 pm

\$Free/Rec Card, \$1/No Card

Play canasta in a fun and friendly environment. Beginners welcome.

Mah-Jongg

Thursdays, 12:30-4:30 pm

\$2/Rec Card, \$3/No Card

This game is played in groups of four, each using (14) Chinese-character tiles and playing with skill and strategy similar to rummy. Beginners and experienced players welcome.

Samba - Hand & Foot

Thursdays, 12:30-5:00 pm

\$Free/Rec Card, \$1/No Card

Learn new variations of the card game Canasta. Enjoy a friendly atmosphere, bring a friend or make new ones.

Hand, Knee & Foot

Fridays, 11:15am-3:00 pm

\$Free/Rec Card, \$1/No Card

This easy card game involves elements of both Hand & Foot and Canasta. Current players are willing to teach new players; partner not required.

Crafts & Hobbies

Woodcarving, Wood Burning &

Folk Art Painting

Tuesdays, 9 am-Noon

\$8/Rec Card; \$12/No Card (per class)

\$28/Rec Card; \$42/No Card (per month)

Woodcarving, wood burning, and painting on pre-made products and pictures on wood. Paint with oils, acrylics, pencils, pastels or chalk. All abilities welcome.

Sketch Group

Thursdays, 6 - 8:30 pm

\$2/Rec Card, \$3/No Card

Join like-minded sketch enthusiasts and benefit from your shared interest. Weekly sketching with a live model. Newcomers and all art mediums welcomed.



Crafter's Corner

Fridays, 10 am - 12 pm

\$Free/Rec Card, \$1/No Card

For everyone who enjoys or wants to learn knitting, crocheting and cross-stitching. Bring a project and share your knowledge. Beginner's welcome.

Quilter's Corner

Fridays, 12 - 3:00 pm

\$Free/Rec Card, \$1/No Card

Join the "Scrap Happy Quilter's Corner!" Quilters can gather, sew and share the secrets of the trade. Learn from each other and carry on this wonderful sewing art!

Socials

In the News

Wednesdays, 2-3:00 pm

\$Free/Rec Card, \$1/No Card

Join this discussion group which covers current affairs such as world-shaping events and newsworthy topics.

Breakfast Social

Resumes Nov. 3

Tuesdays, 8:30 - 9:30am

\$4/Rec Card, \$5/No Card

Enjoy a delicious breakfast of eggs, pancakes, bacon, sausage, fruit, coffee and juice. Sponsored by Mease Life Retirement Community.

