

MLK, Jr. Recreation Center

Martin Luther King, Jr. Recreation Center

550 Laura Lane
738-2920

Jocelyn Brodhead, Coordinator

| | |
|-----------|--------------|
| Monday | 2 pm - 9 pm |
| Tuesday | 2 pm - 9 pm |
| Wednesday | 2 pm - 9 pm |
| Thursday | 2 pm - 9 pm |
| Friday | 2 pm - 10 pm |
| Saturday | Noon - 8 pm |
| Sunday | Noon - 6 pm |

Holiday Closures:

Independence Day Mon. 7/4

- Computer Lab
- Game Room
- Gymnasium
- Stirling Skate Park

Basketball

Drop-In Basketball

| | | |
|---------|--------------|--------------|
| Mon-Th | \$Free / \$1 | Under 18 yrs |
| | \$Free / \$2 | 18+ yrs |
| Fri-Sun | \$1 | Under 18 yrs |
| | \$2 | 18+ yrs |

Schedule may vary depending on events, call 727-738-2920 for availability.

Youth Basketball Leagues

Recreational youth basketball league consisting of eight regular season games and playoffs. Evaluation clinics will be conducted to ensure balanced teams.

7-9 & 10-12 yrs

Season: Aug. 13 - Oct. 22

Games: Saturday mornings

Practices: Times vary

Evaluations: Sat., Aug. 6

7-9 yrs 9:00-10:30 am

10-12 yrs 10:30 am - Noon

\$75 / \$112 season

Computers

Computer Lab

Need to complete a project, use the internet for research, or catch up on emails? Our twelve computer lab is the place!

Tuesday, Wednesday & Friday 5:30-7:30 pm
\$1 / \$2

Dodgeball

Extreme Dodgeball

Drop in for some "in your face" extreme dodgeball. Games change each week; see who can survive the challenge!

11-15 yrs Wednesdays 8-8:45 pm
\$2 / \$3

Fitness

Zumba

Join this Latin inspired dance-fitness class that is exhilarating, effective and easy-to-follow! This high energy class improves tone, strength, cardio health and targets every major muscle group in the body. All fitness levels welcome! Bring a friend or make new ones!

14+ yrs Tues / Thurs 6-7 pm
\$60 10 Class Punch Pass (*this location only*)
When card is full redeem for 11th class free
Good for 6 months from date of purchase
\$6 / \$9 drop-in

Martial Arts

Tae Kwon Do

Classes focus on fitness, sparring and various forms of self defense. All instructors hold black belts. Head instructor, Paul Castricone Sr. is a 5th degree black belt and has trained and taught for thirty years.

8+ yrs Tues 7-8 pm & Thurs 7-8:30 pm
\$35 / \$52 month
\$5 drop-in

"My Life" Mentoring Group

This mentoring group guides you through adolescence; helps you stay on a proper path and flourish into adulthood.

10-16 yrs Mondays 6-8:30 pm
\$ Free No class 7/4

Wrestling

Talon Wrestling

Dunedin High School Wrestling coaches offer instruction to all skill levels teaching fundamentals of Greco and Roman wrestling styles. Year round program.

8+ yrs Tues & Thurs 4-6:30 pm
\$35 / \$52 month
\$5 drop-in



MLK, Jr. Recreation Center

Teens

The Happening

This club is for youth with a positive attitude who want to give back to the community. Meet every other week to brainstorm new activities, play team building games, and be a part of an upbeat, encouraging group.

9-15 yrs Saturdays 7-8 pm
\$ Free, fees for off-site activities and trips

RAP Night

Join us for RAP (Recreation Activities for Prevention) Night; a safe alternative to the pressures facing teens. Each month staff will host different themed activities to promote positive relationships, team work and help build self-confidence.

8-18 yrs 3rd Friday/ month 7-10 pm
Jun. 17, Jul. 15, Aug. 19
\$4

Teen Night Live

MLK is the place to be on Friday nights! Hang with friends in the open gym and teen room. Special snacks available at an extra cost.

11-16 yrs Fridays 6-10 pm
\$1 / \$2

Teen Room

Hang out with friends and have fun with the amenities of the Teen Room: X-box, Dance Revolution, Golden Tee Golf, ping pong table, pool table, a big screen TV, games and cards.

\$ Free / \$1 During open hours

Youth Advisory Committee

The Youth Advisory Committee addresses issues affecting youth and teens of our community. Meetings are every third Wednesday of the month at 6 pm at the Martin Luther King, Jr. Recreation Center. Meetings are open to the general public; previous meeting notes and minutes are available through the Parks and Recreation Department Administration Office.

Stirling Skate Park

550 Laura Lane
738-2920

| | |
|-----------|--------------|
| Monday | 2 pm - 10 pm |
| Tuesday | 2 pm - 9 pm |
| Wednesday | 2 pm - 9 pm |
| Thursday | 2 pm - 9 pm |
| Friday | 2 pm - 10 pm |
| Saturday | Noon - 8 pm |
| Sunday | Noon - 6 pm |

Holiday Closures:
Independence Day Mon. 7/4

Admission Rates

Daily Admission

| | |
|---------------------|-----|
| Skate Park Member | \$2 |
| Rec Card Holder | \$4 |
| Non-Rec Card Holder | \$7 |

Skate Membership Cards

Skate often? Get a Stirling Skate Park Membership and save! Cards are valid for one year from the date of issue. The card entitles the holder to reduced daily fees.

\$25 / with Rec ID Card
\$50 / without Rec ID Card

Membership Appreciation Day

As a big "thank you", Stirling Skate Park offers reduced rates each Wednesday for its members - just \$1.00!

All ages Wednesdays 2-9 pm
\$1 / Skate Members
Skaters must be at least 8 years old to skate unaccompanied by an adult.



Group Skate Times

Beginner Safe Skate

Beginning skaters can skate the park without the risk and intimidation of skating with older, more experienced skaters.

3-8 yrs Saturdays Noon-1 pm
\$1 Skate Memb. / \$2 Rec Card / \$4 No Rec Card

"Old School" Skate Night

Every Monday night is reserved for our seasoned, veteran skaters! All skaters must be 18 years or older to participate.

18+ yrs Mondays 7-10 pm
\$1 Skate Memb. / \$2 Rec Card / \$4 No Rec Card
No skate 7/4

Teen Night Skate

Teens, this is the night for you! We have set aside one Friday per month for you. Come skate with your peers and make some brand new friends.

11-17 yrs 3rd Friday/ month 7:30-10 pm
Jun. 17, Jul. 15, Aug. 19
\$1 Skate Memb. / \$2 Rec Card / \$4 No Rec Card

Skate Lessons

Skate Board Lessons

Private and semi-private skate board lessons consisting of four, one (1) hour classes taught by Aaron Doerner of Westside Skate Shop.

Lessons are scheduled by appointment. Call 738-2920 to schedule.

Private Lesson: \$100 / \$150
\$90 Skate Park Member
Semi-Private: \$55 / \$82
(2-5 people) \$50 Skate Park Member

Special Events

June

National Go Skateboarding Day

Celebrate the sport and culture of skateboarding on National "Go Skate Day". Event includes food, raffle, and contests.

Tuesday, June 21 7-11 pm
Everyone skates for \$2

