

Aquatics

Highlander Pool

1937 Ed Eckert Drive
298-3266

Alicia Castricone, Aquatics Coordinator

- 25 yard x 25 meter main pool
- Two (2) 1 meter spring diving boards
- Children's training pool

Kiwanis Sprayground

Monday-Sunday 9 am - Sunset

- Interactive playground with water featuring Dunedin's own "Nessie"
- Motion activated with automatic lightning detection and shut off
- Groups must reserve a shelter
- Shelter reservations, call 812-4530

Pool Hours of Operation

Pool may close during unsafe weather.

June - August

Mon - Thurs 9 am - 8 pm
Fri 9 am - 5 pm
Sat - Sun 11 am - 4 pm

September

Mon - Thurs 3 pm - 7 pm
Sat - Sun 11 am - 4 pm
Training Pool opens on Saturday & Sunday only

Holiday Hours:

4th of July Mon. 7/4 11 am - 4 pm
Labor Day Mon. 9/5 11 am - 4 pm

Pool Admission Rates

Daily Admission

Pool Entry Fee \$2.50 / \$3.75

Punch Cards

Admission during open hours for Open Swim and Water Wellness.

10 Punch Card \$25 / \$37 good for 2 months

Total Fitness Pass

Unlimited visits to the Fitness Center, GEX Combo Fitness Classes and the Pool for Open Swim and Water Wellness. This monthly combo option is good for one calendar month.

\$60 / month Recreation ID Card Required

Swim Lessons

American Red Cross - Learn to Swim Lessons

Parent & Child 6 mon - 3 yrs 20 minutes
Play and splash with your child as you help them become comfortable in the water.

Lil' Guppies 3-4 yrs 20 minutes
Is your little fish ready to explore the water independently?

Level 1 4+ yrs 30 minutes
Learn to submerge the face, arm and leg motions and experience buoyancy.

Level 2 4+ yrs 30 minutes
Begin locomotion skills by exploring arm and leg movements that will become strokes in the future. Must be able to float for 5 seconds unassisted.

Level 3 4+ yrs 30 minutes
Refine the front crawl and be introduced to elements of the backstroke, breast stroke and butterfly.

Level 4-6 4+ yrs 30 minutes
All strokes are refined and swimmers develop endurance and confidence.

Sessions

2	6/13 - 6/22	5	7/25 - 8/3
3	6/27 - 7/7	6	8/8 - 8/17
4	7/11 - 7/20	7	8/29 - 9/8

Class Level	Session 2, 3, 4 & 5	Session 6 & 7
	Mon - Wed for 2 wks (6 classes)	
Parent & Child	6:00 pm	
Lil' Guppies	5:30 pm	
Level 1	5:30 pm	5:30 pm
Level 2	6:00 pm	6:00 pm
Level 3	6:30 pm	6:30 pm
Level 4-6	6:30 pm	

\$40 / \$60 session Mon-Wed for 2 wks (6 classes)

- Registration held at the Community Center
- Must be pre-registered prior to start date
- Call Highlander Pool at 298-3266 for questions on lessons and class levels
- Schedule subject to change based on demand

Private Swim Lessons

Four (4) x 30 minute sessions of private instruction with your child. For best results, the first and fourth sessions must be within a 2 week period.

6 months & up By appointment
\$60 / \$75

Wellness Programs

Water Wellness (Deep & Shallow)

Exercise with low to zero impact on the body! In deep water you will wear a fitness floatation device that suspends you while you workout. Great muscle toning and cardiovascular workout.

16+ yrs \$3 / \$4.50 class
Shallow Water Mon/Wed 9-10 am
Tues 6-7 pm
Deep Water Tues/Thurs 9-10 am
Thurs 6-7 pm

* Morning classes June - August
Evening classes June - September

