

# Community Center

## Music

### City of Dunedin Pipe Band

The Pipe Band, sponsored by the City of Dunedin Parks & Recreation Department, is a decades-old program and one of the most decorated in the country. The group is always welcoming new members.

10+ yrs

Practices: W/Th 7-9 pm  
Sat 9 am-Noon

Performances: 1st Sunday each month  
1:30 pm @ Pioneer Park

For more information, stop in during a rehearsal or visit [www.CityofDunedinPipeBand.com](http://www.CityofDunedinPipeBand.com).

### Dunedin Community Chorus

The Dunedin Community Chorus is under the direction of Jan O'Connor-Sharkey, Don Jones and accompanied by Melanie McWilliams, Betty Dethmers, and JoAnn Metropoulos.

18+ yrs Tuesdays 1-3 pm

\$30 registration

Chorus program runs October-April

Performances: Sunday, Feb. 27 3 pm  
Sunday, Apr. 10 3 pm



### Dunedin Concert Band

Under the direction of Dr. Louis Zagar, the Dunedin Concert Band is an eclectic group of musicians from all over the area who volunteer their time for several performances each year. The group is always looking for new members, stop by a rehearsal and check them out!

15+ yrs Rehearsals Tues 7:15-9:15 pm

Performances: Friday, Mar. 18 8 pm  
Friday, May 13 8 pm

### Piano - Adults

Learn to play the piano or sharpen up your skills. This class is for the beginner to advanced piano player. Instructor, Melanie McWilliams.

18+ yrs Tuesdays 11 am-Noon  
\$30 / \$45 month

### Piano - Kids & Teens

Always wanted to learn the piano? These private lessons are great for all levels, from the beginner to the advanced player. Instructor Meghan Lance will work with each student to develop a course designed specifically for them.

3+ yrs By appointment  
Contact: Meghan Lance at 727-744-6205 or  
[MeghanLance\\_Piano@yahoo.com](mailto:MeghanLance_Piano@yahoo.com)  
\$35 hour or \$18 half-hour

### Recording Studio

The Recording Studio at the Dunedin Community Center is available for usage by individuals or groups looking to create CDs for any reason!

\$35 / hour with recording technician  
Contact John Currie at 727-410-8936 or email at  
[john@SoundDecisionsAudio.com](mailto:john@SoundDecisionsAudio.com).  
Group usage rates call 727-812-4530

### Voices of Jazz

The City of Dunedin Parks & Recreation Department has recently partnered with this all-volunteer jazz ensemble with over 20 members. The band is always welcoming new members.

Practices: Mondays 7-9 pm  
For more information: call 727-804-9144  
E-mail: [VoicesOfJazzInc@aol.com](mailto:VoicesOfJazzInc@aol.com)  
For performance information see "Special Events" section on page 9  
No class 2/21, 5/30

### Voice - Adult

Join Melanie McWilliams as she teaches you voice training and music reading skills. Great for the beginner or advanced singer.

18+ yrs Tuesdays 10-11 am  
\$30 / \$45 month

## Preschool

### Karate - Dragons

See Martial Arts, page 7

### Piano - Preschool

Private lessons with Instructor Meghan Lance.

3+ yrs By appointment  
Contact: Meghan Lance at 727-744-6205 or  
[MeghanLance\\_Piano@yahoo.com](mailto:MeghanLance_Piano@yahoo.com)  
\$35 hour or \$18 half-hour

### Tiny Tales

Tiny Tales is an interactive story time using books, puppets and songs. Dunedin Public Library staff will entertain your child with themes bound to capture your little one's imagination. This is a parent and child program.

1-5 yrs 1st Tues / month 10 am  
\$ Free  
Program runs September - May

## Theater

### Dunedin Showcase Theater

This great all-volunteer group is the perfect place for someone who wants to take an active role either on stage or backstage! Volunteers are needed year-round for acting as well as many backstage needs, such as sound/lighting, costume and set design and more.

Visit [www.DunedinShowcaseTheater.org](http://www.DunedinShowcaseTheater.org) or call Mike Cote, Director: 727-417-0035  
For show information see "Special Events" section on page 9

### DST Kids Theater

Hey, kids! Join the wonderful world of theatre while having fun and building confidence. No experience necessary. Basics of stagecraft will be taught during rehearsals. 7-18 yrs

Tammy Folstad: [tallharper@excite.com](mailto:tallharper@excite.com)  
727-744-9236  
Mike Cote: [magickmanfl11@yahoo.com](mailto:magickmanfl11@yahoo.com)  
727-417-0035  
For show information see "Special Events" section on page 9

# Hale Senior Activity Center

## Fitness

### **Chair Volleyball**

It's just like volleyball, but caters to the activity level of older adults. This is a great way to enjoy some exercise and socialize. Wednesday class added by popular demand!

50+ yrs Mon. / Wed. 1-3 pm  
\$1 / \$2 class  
No class 2/21, 5/30 or during Luncheons

### **Chair Yoga**

Where the yoga mat is replaced with a chair. Restore and maintain strength, flexibility and range of motion. Deepen breathing and learn relaxation techniques. Overall, improve your sense of well-being, renew energy, decrease pain, blood pressure and cholesterol.

50+ yrs Thursday 9:30-11 am  
\$22 / \$33 month or \$7 / \$10 drop-in

### **Exercise Room - Drop In**

No contracts or monthly fees. Become a member of the Hale Center and you are on your way to getting in shape.

50+ yrs Mon-Fri During open hours  
\$ Free / \$1 day

### **QiGong**

This internal Chinese Martial Art promotes health by improving balance, releasing stress and awakening inner energy. Slow movements and meditation help you to relax and connect with your spirit and body to become one.

50+ yrs Mon 11:45 am - 12:45 pm  
Wed / Fri 9:00 am - 10:00 am  
\$3 / \$4 class No class 2/21, 4/22 or 5/30

### **Senior Exercise**

This is a low-impact workout focusing on strength, stamina, flexibility, and balance. Participants may choose to sit throughout the class.

50+ yrs Mon / Fri 9-10 am  
\$3 / \$4 class No class 2/21, 4/22 or 5/30

### **Did You Know?**

Seniors who volunteer or are actively engaged in the community are happier, more physically fit and have more friends! A Sense of Community... It Starts In Parks!

## **Tai Chi**

Learn the movements of Tai Chi at a relaxed pace. This is an exercise class consisting of slow, graceful movements that relax and strengthen both mind and body, led by the Taoist Tai Chi Society.

50+ yrs Tues / Thurs 9:30-11 am  
\$3 / \$4 class

## **Walking Club**

Join this friendly, energetic club and see how fun walking and exercise can be! Our walkers meet at the Hale Activity Center and head out on the Pinellas Trail.

50+ yrs Tues / Thurs 8:30 am  
\$5 / \$8 annual fee (October - September)

## Luncheons

### **Monthly Luncheons**

**Pet Lovers Party, 2/16:** Bring a photo of your best animal buddy to share with your Hale Center friends. Preregister by Monday 2/14.

**St. Pat's Luncheon, 3/16:** Today is fer wearin' o' the green, when the little people are seen, so if ye'r Irish me lad, celebrate the grandest time ta' be had. Preregister by Monday, 3/14.

**Easter Bonnet Bash, 4/13:** Wear your favorite Easter bonnet, tie or hat and share special memories with friends. Preregister by Monday, 4/11.

**Italian Feast, 5/11:** Buon Appetito! Join us for our Italian luncheon with great food and friends. Pre-register by Monday, 5/9.

50+ yrs Wednesdays Noon  
\$5 / \$6

## Movies

### **Movie Series - Wednesdays**

A different movie genre each month! Join us on Wednesdays for a good movie, popcorn, a drink, and special time with good friends.

February: Romance  
March: Robert Redford  
April: Detective  
May: Horses  
50+ yrs Wednesdays 1 pm  
\$1 / \$2

### **Movie Time - Fridays**

Comedy, Action, Adventure & Romance! Join us on Fridays for a good movie, popcorn, a drink, and special time with good friends.

50+ yrs Fridays 1 pm  
\$1 / \$2

## Music

### **Dulcimer Lessons**

The dulcimer is a three-stringed, lovely sounding instrument and everyone's friend. Easy for students who have never had a music lesson. Instructor, Roxie Smith, has been playing for more than 15 years. Limited to 8 students, instruments are provided.

50+ yrs Thursday 11 am - Noon  
\$28 / \$42 month

### **Sing-Along Socials**

**NEW!**

Do you love to sing? This is your chance to sing-along, have fun and make new friends. No experience required to join this self-run group of folks with a common interest.

50+ yrs Thursdays 10-11 am  
\$ Free / \$1 day

