

Athletics

Martial Arts

Aikido

NEW!

An Aikido practitioner's strength comes from natural movements, sincerity of spirit and connection with their surroundings. The purpose is for non-religious spiritual and personal development.

12+ yrs Tuesday 7-9 pm
Wednesday 7-9 pm
and Sunday 10:30 am - 12:30 pm
Dunedin Community Center
\$45 / \$55 month or \$8 / \$10 drop-in

Fencing Club

All levels are encouraged to join. Loaner equipment is available. En Garde!

6+ yrs T/Th 7:15-9 pm
Dunedin Community Center
T/Th \$100 / \$150 year
Tues \$55 / \$82 year
Thurs \$55 / \$82 year
valid 1 year from date of purchase

Karate

This professional program will build your child's confidence, positive outlook and self-esteem. www.IngramsKarate.com

6+ yrs Beginner T/Th 4:30-5:15 pm
Advanced T/Th 5:15-6:00 pm
Dunedin Community Center
\$54 / \$81 month

Karate for Adults

The most up-to-date methods known for achieving total fitness and self defense in a progressive, non-competitive format. Karate provides a healthy break from the routines of home, school, and office. www.IngramsKarate.com

16+ yrs T/Th 6-7 pm
Dunedin Community Center
\$54 / \$81 month

Karate - Dragons

Our instructor has a special way with preschoolers; teaching manners, respect, and self-esteem. www.IngramsKarate.com

3-5 yrs Tues 4-4:30 pm
Dunedin Community Center
\$37 / \$55 month

Karate - Private Lessons

This professional program will build your child's confidence, positive outlook and self-esteem in a private lesson setting.

3+ yrs Times by appointment
Dunedin Community Center
\$30 hour lesson \$15 half-hour lesson
Please coordinate with your karate instructor.

Tae Kwon Do

Classes focus on fitness, sparring and various forms of self defense. All instructors hold black belts. Head instructor, Paul Castricone Sr. is a 5th degree black belt and has trained and taught for thirty years.

8+ yrs Tues: 7-8 pm & Thurs 7-8:30 pm
Martin Luther King, Jr. Recreation Center
\$35 / \$52 month
\$5 drop-in

Soccer

Dunedin Stirling Soccer Club

A full service soccer club offering Recreational, Competitive, and Adult soccer programs at the Jerry Lake Recreational Complex. Two recreational seasons (fall/winter and spring).

See website for registration information.
Website: www.DunedinStirling.com



Softball

Adult Softball - Vanech Complex

All teams must be registered one week prior to season start (8 game season). All managers must attend the mandatory meeting. Call Dunedin Athletics for more information, 812-4537.

Season 3: July - September
Manager's Meeting: Mon. 7/11, 6:30-8 pm
Dunedin Community Center

Season 4: September - November

Season 1: January - March

Season 2: April - June

Co-Ed Fridays
Men's A, B & C Division Tuesdays
Men's Open Thursdays
Men's 50 & Over Thursdays
18+ yrs Games: 6:00-10 pm
Vanech Recreation Complex
\$430 Team Registration Fee
\$350 Men's 50 & Over
\$25 ISA Annual Fee (required of all teams)

Greater Dunedin Little League Youth Softball

Competitive softball program located at the Fisher Fields at Highlander Park.

5-15 yrs
Seasons: Spring: Feb-May Fall: Sept-Nov
Must bring birth certificate & 3 proofs of residency
See website for registration information
Website: www.DunedinLLBaseball.com
Contact: 430-1338

Track

North Cities Track Program

Focus on self improvement and challenge yourself at meets as you compete with other cities. Excellent fitness conditioning program for any athlete.

5-15 yrs Registration TBA
Season: January - May
Dunedin High School, track meets at local cities
Transportation to meets is parent's responsibility

Wrestling

Talon Wrestling

Dunedin High School Wrestling coaches offer instruction to all skill levels teaching fundamentals of Greco and Roman wrestling styles. Year round program.

8+ yrs Tues & Thurs 4-6:30 pm
Martin Luther King, Jr. Recreation Center
\$35 / \$52 month
\$5 drop-in